BSG TRAINING NEWS



Training Update Summer 2018



THIS MONTH'S ISSUE INCLUDES:

Training news

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Tel: 0300 304 9050

THE IMPORTANCE OF HEALTH AND SAFETY TRAINING

Accidents and ill health associated with work lead not only to needless pain and suffering but also to huge costs and loss of business continuity. In the UK, 137 people were fatally injured in work-related accidents during 2016/17, over 609,000 work place injuries were reported and 1.3 million people suffered from a work-related illness. This led to 31.2 million working days lost and the estimated cost of injuries and ill health is £14.9 billion. In the construction industry alone, there was 30 fatal injuries in 2016/17, 64,000 injuries to workers and 80,000 workers suffering from work-related ill health (Source: HSE Statistics).

In many cases it has been proven that a lack of adequate health and safety training was the main contributing factor that led to of the accident or the development of worker ill health. On the other hand, companies that actively implement a proficient, structured and tailored health and safety training programme will see several tangible benefits.

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THE IMPORTANCE OF HEALTH AND SAFETY TRAINING CONTINUED...

Here, BSG reports on what we see as the key benefits of professional and practical Health and Safety Training in the workplace:

HELPS PREVENTS ACCIDENTS HAPPENING AT WORK

Although it is near impossible to eradicate all accidents, especially within the more dangerous industries such as construction, it is possible to decrease the amount. Employees not only need to know what health and safety precautions are in place but also learn and understand the reasons behind why these precautions are needed. An added benefit is that with a lower number of accidents, the number of employee absences from the workplace should also decline.



YOU WILL BE LEGALLY COMPLIANT

All employers are legally obliged to know their company's workplace standards and hazards they face on the job. Established procedures are needed to ensure that the organisation has the correct people for the job with the necessary knowledge and skills to manage occupational risks. If an employer is found to be negligent, they could be held responsible and face heavy fines and even imprisonment.

Relevant legislation:

The Health and Safety at Work etc. Act (HSWA) 1974 requires the employer to provide whatever information, instruction, training and supervision is necessary to ensure, 'so far as is reasonably practicable', the health and safety at work of their employees and others affected by their activities. This does not just apply to front-line employees but also to directors, managers and those in other key roles.

The duty is also emphasised by the Management of Health and Safety at Work Regulations 1999, which also identifies situations where health and safety training is particularly important, such as when employees start work, on exposure to new or increased risks and where existing skills need to be refreshed or updated.

FUNDING HEALTH AND SAFETY TRAINING CAN SAVE YOUR BUSINESS MONEY

A study in 2016 by Arinite (Source: SHP Online - https://www.shponline.co.uk/health-safety-fines-75k-higher-cost-compliance/) found that the average fine a business paid after being found guilty of health and safety breaches was £115,440. SMEs that invested in health and safety potentially avoided a fine of £75k higher than the cost of compliance.

This does not include the additional costs of sick leave, replacing employees, loss of time and productivity, compensation and hits to the company's reputation.

PROMOTES A SAFER WORKPLACE

Organisations with a positive safety culture are characterised by the values, attitudes, perceptions, competencies, and patterns of behaviour that determine a company's commitment to health and safety management. Training your employees helps to reinforce your commitment to health and safety, producing higher levels of motivation and concern for health and safety throughout the organisation. Employees who have an active role in health and safety, feel included and valued in decision-making are an asset when it comes to high-performance within your business, and health and safety is no exception.

HELPS TO RETAIN LOYAL EMPLOYEES

It is important that employees feel safe, well thought of and are taken care of within the workplace. Those who feel confident of their safety at work also tend to be more satisfied with their employers. Employers who take measures to keep their workers safe, such as providing training, are more likely to earn the loyalty of employees, and as such, highly valuable skilled workers are less likely to leave the company.

BOOSTS EMPLOYEES' PRODUCTIVITY

Employees who have the correct competence to carry out an activity in a safe environment can focus better on their tasks, simply because they do not have to worry as much about their personal safety. This enhanced focus will eventually lead to better output and quality, ultimately increasing productivity and subsequently, the company's profit in the long run.

ENHANCE YOUR COMPANY'S IMAGE

Health and safety is an aspect of business that can have ramifications on reputation. Companies that are recognised as enforcers of good practices are more likely to be valued and therefore favoured by potential employees. The same is true of the opposite; a business with a poor reputation for health and safety is less likely to attract workers. An accident in your workplace could be the downfall of your company if you are found to have been negligent.

Health and safety reputation is also going to affect the way consumers think about companies. Obviously, anything that defers customers from buying is never good for a business and will lead to a loss in profits.







BSG ARE AN APPROVED TRAINING ORGANISATION (ATO) FOR THE CITB

CITB is changing the way it supports training for the construction industry. Part of this strategic change is the creation of CITB Approved Training Organisation (ATO) status that is awarded to training providers.

BSG have been granted ATO, meaning we have successfully completed CITB's approval process and are an organisation which provides construction training courses and qualifications to a defined and industry-agreed training standard.

WHAT ARE THE BENEFITS TO OUR CUSTOMERS?

- 1. We are recognised by CITB as a training provider who can deliver good quality training that meets the industry approved standards.
- 2. We can help those who are looking for CITB grant funded training courses, providing automated grant payments making it easier for you to book courses with us for your staff and be reimbursed for it.

WANT TO FIND OUT MORE ABOUT THE CITB LEVY CHANGES?

On the 1st of April 2018, CITB made changes to its grants scheme to maintain training standards, improve learning outcomes and make it easier for you to access support.

Short duration courses which are focused on key construction skills are eligible for grant support and primarily paid out on achievement with rates that are affordable to you.

What's more, on successful completion of an applicable course, BSG will confirm the learner's achievement, upload the details onto the Construction Training Register, thereby triggering the automated grant process. This will speed up the payment process and remove the need for employers to complete paperwork.

Download our useful document for more information about the recent CITB changes - CITB's New Grant Scheme

BSG SUPPORTS MENTAL HEALTH AWARENESS WEEK

Work-related stress led to the loss of 12.5 million working days last year and 1 in 6 adults in Britain are experiencing stress-related depression, anxiety or health issues. Although stress

itself is not defined as a mental health illness or problem, it can lead to anxiety, depression and in extreme cases, self-harm or suicide.

we need to talk about mental health

In support of the

Mental Health Awareness Week (14-20th May 2018), our Training Manager, Steve Beckwith, held a session on Mental Health Awareness for our London and South East team. During the training, a minute was spent at 10:59am to reflect on our personal well-being. We also used this opportunity to discuss the Mates in Mind scheme and the Cover Up Mate campaign.



GUIDANCE ON TEMPORARY WORKS RESPONSIBILITIES

The Code of Practice for Temporary Works Procedures (BS 5975) states; it is essential for employees to be competent, to understand the principles of risk management, to have relevant up-to-date training and qualifications, and to have the experience appropriate to the complexity of the project. There has been some confusion in the industry on the scope and type of appropriate training required in the field of temporary works.

Attending a training course does not confer competency as a Temporary Works Coordinator or Supervisor. Competence in temporary works comes from a mixture of education, training and experience.



Ultimately, the competency of an individual will be a matter of judgement from an appropriate senior individual of the employee's company, usually referred to as the Designated Individual (DI) and in accordance with the management procedures put in place by him/her. Individual competence is defined as an appropriate combination of education, training and experience for the assigned task, i.e. the ability to:

- carry out the assigned duties at the level of responsibility allocated
- understand any hazards related to the work (or equipment) under consideration
- detect any technical defects or omissions in that work (or equipment)
- recognise any implications for health and safety caused by those defects or omissions
- be able to specify a remedial action to mitigate those implications.

BSG have created a document to help determine the difference between the temporary works courses. In the document, we explore how the roles and responsibilities of a temporary works coordinator and supervisor differ and which training course is suitable for your requirements. Please click here to view the document: https://www.bsgltd.co.uk/wp-content/uploads/2017/03/BSG-March-Training-newsletter.pdf

WHY IS IT IMPORTANT TO BOOK A REFRESHER COURSE?

Providing workers and employees with health and safety training can help them to stay safe in the workplace. The immeasurable number of risks and potential dangers to their health and well-being means that there is a lot of information to take in. This makes it unlikely that a delegate on a safety training course will take in and remember every single piece of information imparted to them. Even if they were somehow able to do this, as time goes by they are likely to forget some of it and begin to slip into bad practices.

It may also be the case that since they received the training there have been changes to the workplace or the activities the person performs at work, meaning that some parts of the training will no longer be relevant. In some cases it may even be detrimental and place the worker in greater danger, for example if a change in workplace layout means that previous evacuation procedures and escape routes will now trap a worker rather than allowing them to exit a building.

As far as accredited health and safety qualifications are concerned, a number of them have refresher courses which are intended to update candidate's knowledge with changes in legislation and working practices, as well as refreshing their memories with any of the information taught previously which they have since forgotten. Courses such as the first aid at work re-qualification and CITB SMSTS and SSSTS refresher courses are examples of this.

For more information on these refresher courses, as well as the first aid, SMSTS and SSSTS qualifications, please visit our website - https://www.bsgltd.co.uk/training-courses/_

BSG LOGIN GUIDES

To help members log in to our software, we have created login guides for the BSG Secure Area, BSG Online Services and the Risk Assessment Software. These can be found below:

BSG Secure Area http://www.bsgltd. co.uk/wp-content/ uploads/2018/04/ BSG-Secure-Area-Login.pdf

BSG Online Services

- http://www.bsgltd. co.uk/wp-content/ uploads/2018/04/ BSG-Online-Login. pdf

Risk Assessment Software - http:// www.bsgltd.co.uk/ wp-content/ uploads/2018/04/ BSG-RAS-Login.pdf





BSG AWARDS 2018 – KEYNOTE SPEAKERS

BSG will be holding its fourth annual Health and Safety Awards ceremony on Wednesday November 7th 2018. The ceremony is



held to mark our members' achievements and excellence in work-related health and safety performance.

The day will also include keynote speeches from two high profile industry speakers: Steve Hull, who is a Principal Inspector for the Health and Safety Executive (HSE) and Richard Voke, who is a Partner at Ashford Solicitors. Steve will be talking about some recent HSE prosecution cases as well the common health and safety issues encountered during site inspections. Richard will present some of his first hand experiences when defending construction companies in their dealings with regulatory bodies and government agencies.





Richard Voke, Partner at Ashfords

Steve Hull, Principal Inspector HSE

For more information about our awards ceremony, or to submit your company's entry, please visit our website - https://www.bsgltd.co.uk/bsgawards-2018/

BSG AWARDS 2017 HIGHLIGHTS VIDFO

Watch the highlights of last year's Health & Safety Awards ceremony here: BSG Awards Highlights Video





BSG Awards 2017
Williams F1 Centre - 18th October

BSG BYTES

What are 'BSG Bytes'?

BSG Bytes are a series of short videos discussing topical industry Health and Safety matters.



Mark Stevens, BSG Safety Adviser based on the South Coast

BSG Byte - Silica Dust on Construction Sites

In May, we met with Mark Stevens, BSG Safety Adviser based on the South Coast to record our latest BSG Byte. During the video, Mark answers:

- What is silica dust?
- What hazards does silica dust present?
- What precautions do I need to take when on site?

Members can view the BSG Byte by logging into the 'BSG Secure Information Area'.

What's next?

In July, BSG will be releasing a BSG Byte featuring Chris May, BSG's Regional Manager for the South West. In this video, Chris will be discussing traffic management on a construction site.

Do you have a question you would like answered?

Please contact the marketing team if there is a health & safety topic or question that you would like discussed on T: 0300 304 9090 E: marketing@bsgltd.co.uk

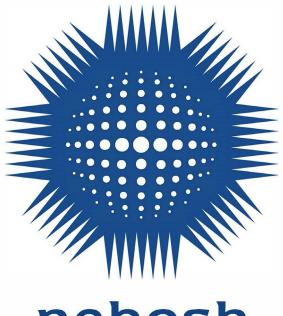


Chris May, Regional Manager for the South West









nebosh

Accredited Centre 722

PASSING YOUR NEBOSH - BSG'S TOP 10 TIPS

The Building Safety Group have created a list of BSG's top 10 tips to help you pass your NEBOSH certificate.

The NEBOSH National Construction Certificate (NCC) is the leading health and safety qualification for the construction industry. Obtaining the qualification can help steer your career in the right direction, enhance your skills, develop your knowledge and potentially increase your earning potential.

Passing the globally recognised qualification can be a challenge, however following these top tips and being as prepared as possible can help you along the way.

Please click here to view BSG's Top 10 Tips: http://www.bsgltd.co.uk/wp-content/uploads/2018/01/Passing-your-Nebosh-BSGs-top-10-tips.pdf

BSG ACHIEVES 83% PASS RATE FOR NEBOSH COURSE

BSG is delighted to announce that we achieved an 83% pass rate for our most recent NEBOSH National Construction Certificate course. Yet again, we have significantly exceeded the national average, last reported as 73%, a testament to our dedicated training team.

OUR NEXT UPCOMING 2018 COURSE:

One day a week:

22, 29 August

5, 12, 19, 26 September

3. 10. 17. 24. 31 October

7, 14, 21, 28 November

Exam date: 5 Dec 2018 (Bristol)

For further details please contact our training team on T: 030 0304 9080 or E: training@bsgltd.co.uk.

BSG's safety adviser, Mark Stevens has been featured on NEBOSH's website - Health and safety boring? Far from it mate!





RISK ASSESSMENT AND METHOD STATEMENTS COURSE



BSG RISK ASSESSMENT SOFTWARE

BSG launched its new risk assessment software in January 2018. We have created over 70 different types of pre-configured risk templates for a vast range of construction tasks.

Each template includes its own set of unique control measures relevant to the construction work being assessed and a risk evaluation matrix that automatically calculates scores based on risk severity and likelihood.

We are pleased to announce that BSG members will be able to learn about and use BSG's new risk assessment software while on our risk assessment and method statements course.

BSG RISK ASSESSMENT AND METHOD STATEMENTS COURSE

WHO IS IT FOR?

This half day course aims to put emphasis on risk assessment in the workplace and to enable employers and employees to meet the requirements of the Management Regulations 1999 and the Health and Safety at Work etc. Act 1974 in respect of a safe system and safe place of work.

WHAT WILL YOU LEARN?

At the completion of the course the candidate will have an understanding of the practical implications of risk assessment techniques. A thorough understanding of the specific requirements and the need for Risk Assessments of all work activities.

Hazard Identification Techniques

- The ability to categorise risk
- An understanding of the need for ongoing monitoring and review
- The necessity to prepare method statements to satisfy
 the requirement for a safe system and safe place of work, and the
 point at which that requirement becomes essential.

GROUP BOOKINGS

If you have a group of 6 or more employees requiring training, we can run this course on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements.

GROUP BOOKING RATES (PER HALF DAY COURSE)

At your premises:

BSG Members - £400+VAT

Non-BSG Members - £460+VAT

At BSG Training Centre:

Members - £425+VAT

Non-Members - £490+VAT

Plus mileages and overnight accommodation if necessary

Fee quoted for members' rates includes 15% discount.

*Max. 14 delegates per course.

2018 COURSE DATES

Please contact the training department on 0300 304 9080 or email training@bsgltd.co.uk



COURSE VENUE

Our Risk Assessment/Method Statement courses are held at our training centre in Bristol, as well as other various locations around the UK

CPD ACCREDITED

Our Risk Assessment & Method Statements course is CPD accredited. Completion of this course entitles you to accrue 4 hours towards your personal annual CPD target. For more information please contact our training department on 0300 304 9080 or email training@bsgltd.co.uk







LUXURY YACHT BUILDING COMPANY FINED AFTER ENGINEER INJURED

A luxury yacht building company has been fined following an engineer losing consciousness after being struck on the back of the head by a solid metal bracket weighing 147kg.

Poole Magistrates' Court heard how the employee of Sunseeker International Limited was working under the hull of an 86-foot yacht adjusting the height of a prop when the bracket came free. The worker suffered a large laceration to the top of his head and lost consciousness. He suffered concussion for several weeks and pain in his neck from a torn muscle. He was off work for six weeks and received physiotherapy for 15 months.

An investigation by the Health and Safety Executive (HSE) into the incident, which occurred on 28 January 2016, found that the company failed to provide a safe system of work to ensure safety during the task of realigning the brackets on the hull of the yacht.

Sunseeker International Limited pleaded guilty to breaching Regulation 2 (1) of the Health and Safety at Work etc. Act 1974 and was fined £167,000 and ordered to pay costs of £7,000 and a victim surcharge of £120.

Speaking after the hearing, HSE inspector Victoria Bailey said: "Those in control of work have a responsibility to devise safe methods of working and to inform, instruct and train their workers in the safe system of working.

"If a suitable, safe system of work had been implemented prior to the incident, the serious injuries sustained by the employee could have been prevented."

DUMPER TIPPED FROM SPOIL HEAP ON TO DRIVER

A civil engineering and groundworks contracting business has been fined £200,000 after a dump-truck driver was crushed when his vehicle toppled off a large spoil heap.

Tonic Construction employee Shaun Carter, 29, was driving his forward-tipping dumper to the top of the mound of waste soil, stone and rock when it became stuck on the edge.

As Carter jumped out of the vehicle, it overturned and struck him on the head. He died at the scene from severe head injuries.

According to a report by the Gazette and Herald, Carter was part of a team putting in roads, drainage and foundations on a David Wilson Homes construction site in Cirencester, Gloucester, when the accident happened in May 2016.

An excavator driver had removed part of the spoil heap some days earlier leaving a steep, almost vertical, side. The heap had not been made safe and an investigation by the Health and Safety Executive (HSE) found it was common for dumpers to climb spoil heaps without barriers to prevent over-running.

Tonic Construction pleaded guilty to breaching reg 2(1) of the Health and Safety at Work Act. It was fined and ordered to pay costs of £5,565.

HSE inspector Sue Adsett said: "Risks associated with the creation of spoil heaps had not been suitably and sufficiently assessed.

"Either the company should have decided on a safer method which avoided the need for the dumper to access spoil heaps or they should have introduced stricter management arrangements which would have included bunds at a safe distance from the edge."

Article sourced from: **IOSH Magazine**



BSG TRAINING VENUES



BSG TRAINING CENTRE, BRISTOL

BSG Training Centre
5 Pinkers Court, Briarlands Office Park,
Gloucester Road, Rudgeway,
Bristol BS35 3QH
T: 0300 304 9080



HOLIDAY INN CARDIFF NORTH, CARDIFF

Holiday Inn Cardiff North M4/J32, Merthyr Road, Tongwynlais, Cardiff CF15 7LH T: 02920 522262



THE SHIP INN, BRISTOL

Thornbury Road, Alveston Bristol BS35 3LL T: 01454 412521



THE ALVESTON HOUSE HOTEL

Davids Lane, Alveston BS35 2LA T: 01454 415050



EXETER ST. THOMAS CRICKET & SPORTS COMPANY, EXETER

Brooklands Grace Road, Marsh Barton Trading Estate, Exeter EX2 8PU T: 01392 277497



BEST WESTERN GABLES HOTEL

Bristol Road, Falfield Gloucestershire GL12 8DL T: 0844 387 6259



BROMSGROVE HOTEL & SPA, MIDLANDS

Birmingham Road Bromsgrove B61 OJB T: +44 (0)121 447 4594

Please visit the training pages on our website www.bsgltd.co.uk/training to download a course schedule, which includes dates and prices, for each venue.



MEET THE TRAINING TEAM

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Catherine Dyke, Training Co-ordinator
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Trisha Huntridge, Training Co-ordinator
Training@bsgltd.co.uk



Chris Coosley, Trainer
Chris.Cooksley@bsgltd.co.uk



Jonathan Hughes, Trainer
JonathanH@bsgltd.co.uk

CITB CERTIFICATE EXPIRY

A reminder that for the CITB Site Safety Plus scheme, the refresher course must be attended before the certificate expires. Failure to do this will result in the delegate being required to complete the full course again.

For any queries in relation to this, please contact the training team.



COURSES

Need a course in a location closer to you? If you have a group of 6 or more employees requiring training, we offer all of our courses on a private basis. Held at a venue of your choice on a date that suits you, we can tailor the course to meet your needs and requirements. Contact us and find out more.

BSG PHONE NUMBERS

BSG have updated their phone system, please see the new

numbers below:

Training: 0300 304 9080 Accounts: 0300 304 9060 Marketing: 0300 304 9090

Membership/Technical Support: 0300 304 9070



BSG PODCASTS

BSG provides a range of Health and Safety podcasts which address critical Health and Safety issues facing the construction industry. You can view them all below:

Dust on Construction Sites: During the podcast, Chris Chapman, Technical Support Manager at BSG discusses which construction tasks produce high levels of dust and how companies can prevent or adequately control construction dust risks.

Directors Responsibilities: This podcast provides directors and other senior professionals with a comprehensive understanding of their liabilities and obligations when implementing a Health and Safety strategy. It also offers guidance and practical advice on what should be included in a company's Health and Safety policy.

Manual Handling: Chris Chapman summarises the criteria used when carrying out manual handling assessments, the statutory obligations placed on managers and the techniques used to reduce manual handling injuries

Occupational Health podcast: Our Occupational Health podcast examines the actions that must be taken to ensure successful management of Occupational Health in the workplace. Focus is directed towards how companies can reduce costs as well as improve the health and wellbeing of construction workers.

General Legislation podcast: The Podcast aims to breakdown and simplify the Health & Safety at Work Act by reviewing key legislation which is relevant for the construction industry.

Special Considerations for Timber Frame Construction podcast: Chris Chapman explains the extra measures which need to be taken because of the added fire risk.

Members can view the podcasts by logging into the 'BSG Secure Information Area'.

Visit our website to login: http://www.bsgltd.co.uk/secure/

Alternatively, please watch our podcasts on our Youtube channel: https://www.youtube.com/playlist?list=PLESO_J4Ec9TeUlcK_ GXxegFS_jvfXdtSQ

UPCOMING PODCASTS INCLUDE:

Carrying out a Risk Assessment: Chris Chapman will summarise the key requirements needed in a risk assessment, including the things you need consider when making the assessment. He will also examine how you set realistic controls and monitor the effectiveness of the assessment.

The Dangers of Vibration: Chris Chapman will highlight the dangers of vibration to the body, identify the different systems of measuring and managing exposures and explain how to measure work exposure limits.

TRAINING COURSE STARTING SOON...

- Site Management Safety Training Scheme Refresher (2 days) - 5 & 6 July 2018 (Bristol) & 26 & 27 July 2018 (Exeter)
- Site Management Safety Training Scheme (SMSTS) (5 days) - 18, 19, 20, 21 & 22 June 2018 (Bristol), 3, 10, 17, 24 & 31 July 2018 (Exeter) & 9, 10, 11, 12 & 13 July 2018 (Bristol)
- CDM Awareness 2015 (1 day) 19 June 2018 (Bristol)
- Site Supervisor Safety Training Scheme (2 days) -25 & 26 June 2018 (Exeter), 22 & 29 June 2018 (Bristol) & 3 & 4 July 2018 (Bristol)
- Asbestos Awareness (1 day) 25 June 2018 (Bristol)
- CITB Health and Safety Awareness (1 day) 27 June 2018 (Bristol) & 26 July 2018 (Cardiff)
- Manual Handling Course (1 day) 2 July 2018 (Bristol)
- Confined Space (1 day) 3 July 2018 (Bristol)
- CITB Temporary Works Coordinator (2 days) 5 & 6 July 2018 (Cardiff)
- Emergency First Aid at Work (1 day) 17 July 2018 (Bristol)

BSG MEMBERS CAN STAY UP TO DATE WITH BSG NEWS

BSG News keeps you up to date with industry health and safety news. Subscribe to our BSG News e-newsletter on the newsletter page of our website.









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