



Michael Setter, BSG
Chairman (left)
and Luke Hall, MP
(right)

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Training news

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LUKE HALL, MP, OPENS BRISTOL TRAINING CENTRE FOR BUILDING SAFETY GROUP

The Building Safety Group has opened a new Bristol based Training Centre for people working in the building industry. Luke Hall MP, Member of Parliament for Thornbury and Yate, was on hand to officially open the new premises in Rudgeway.

The new building and on-site facilities have been developed across 5000 sq ft to provide a comprehensive range of health, safety and environmental courses for construction workers. Special focus will be directed towards running a mental health and general well-being programme to support people working in the building trade. The move follows high profile research conducted by the Office for National Statistics (ONS) which revealed that the construction industry has reported more suicides than any other profession, with 1409 men and 10 women committing suicide in the five years to 2015.

BSG will also provide 'working at height' training on its premises using a custom-made scaffolding operation. In addition, confined space courses will be delivered using specialist apparatus set up by our qualified experts.

Luke Hall, MP, who opened BSG's new centre commented: "As MP for Thornbury and Yate, I am of course very pleased to open the Building Safety Group's new Training Centre here in Rudgeway. It is very encouraging to see 'not for profit' organisations like BSG working so hard to raise awareness about the dangers faced by people working in the building industry every day." **Luke added:** "I am sure the new facility will go a long way to helping companies protect their workers from harm."

LUKE HALL, MP, OPENS BRISTOL TRAINING CENTRE FOR BUILDING SAFETY GROUP CONTINUED...

Steve Beckwith, BSG's Training Manager also commented: "We are naturally delighted to be opening our new training centre. BSG is committed to training construction workers to the highest standards possible, which is why we have invested heavily in our new facility. By significantly increasing our on-site footprint we will be able to train more people, whilst encouraging and developing their skills to reduce health and safety risk."

BSG's new centre is expected to train over 10,000 construction employees every year. BSG is an Approved Training Organisation (ATO) as recognised by the CITB.



Steve Beckwith, BSG Training Manager



Nick James CITB's Partnerships Director for England South & London (left), Luke Hall MP, Michael Setter BSG Chairman, Chris Gingell CITB Adviser, Steve Beckwith BSG Training Manager, Paul Kimpton BSG Managing Director (far right).

BSG ACHIEVES 100% PASS RATE FOR NEBOSH COURSE

BSG is delighted to announce that we achieved a 100% pass rate for our most recent [NEBOSH National Construction Certificate course](#). Yet again, we have significantly exceeded the national average, last reported as 73%, a testament to our dedicated training team.

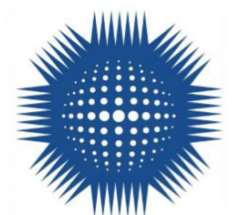
The NEBOSH Construction Certificate is cited in the PAS 91: 2013 as evidence of health and safety competence, as required under the CDM (2015) Regulations.

Through this course, we have enabled principal designers and contractors to gain the necessary certified knowledge and skills to comply with the regulations. But also, supervisors, managers and others with health and safety responsibilities have benefited.

During the course, the content includes;

- Legal health and safety requirements in construction and their management
- Identification and control of hazards in construction activities
- Practical application of construction health and safety

Our next course commences on the 21st of August 2019, for further details please contact our training team. T: 030 0304 9080 or E: training@bsgltd.co.uk



nebosh
Accredited Centre

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CITB HAVE MADE CHANGES TO THE SITE SAFETY PLUS COURSES

CITB have made considerable exam changes to the Site Safety Plus courses which came into effect in 2018 with more recent updates in January 2019. The revisions relate to the following courses:

- [Health and Safety Awareness \(HSA\)](#)
- [Site Supervisor Safety Training Scheme \(SSSTS\)](#)
- [Site Management Safety Training Scheme \(SMSTS\)](#)
- [Site Supervisor Safety Training Scheme Refresher \(SSSTS-R\)](#)
- [Site Management Safety Training Scheme Refresher \(SMSTS-R\)](#)

HEALTH AND SAFETY AWARENESS (HSA) COURSE CHANGES

The HSA course has now introduced elements of mental health awareness and environmental awareness in the course content.

The examination paper consists of 25 multiple-choice questions selected by CITB. The pass mark is 80% (20 out of 25).

The final exam has been revised and now includes the introduction of three safety critical questions at the start of each examination paper. The delegate must get all three of these questions correct to pass the examination.

When a delegate achieves 72–76% (18 or 19 out of 25) in the examination or achieves the 80% pass rate but fails any of the safety critical questions, the delegate may re-sit the multiple-choice examination. The examination can either be retaken on the same day or the delegate can attend another course within a 90 day period (the delegate is not obliged to re-sit the day's course).

When a delegate scores 68% or less (17 correct answers out of 25) in the examination, the delegate must attend the full HSA course again before they are allowed to re-sit the examination.

SITE SUPERVISION SAFETY TRAINING SCHEME (SSSTS) COURSE CHANGES

The course content has also been updated on the Site Supervision course. The updated content also contains elements of stress and mental health awareness and environmental issues.

On the course, the trainer will assess the delegates through a new exercise in which the delegates are to prepare a risk assessment, a method statement (or both) and/or provide complete 'set up' detail on a relevant drawing for the project.



It is now mandatory for all delegates to prepare and deliver a five-minute toolbox talk presentation. The preparation of the toolbox talk will be part of the homework after the end of day one, with the presentation taking place on day two. Delegates should focus on messages which are relevant to their site, consider their target audience and decide on the key points to focus on. The toolbox talk exercise will form part of the trainer review.

The examination paper is compulsory and consists of 25 questions, selected by CITB, covering all aspects of the course. The examination pass mark is 80% (24 out of 30).



CITB Health and Safety Awareness (CSCS Green Card)

The paper consists of 22 multiple choice questions and three short written questions. There are four safety critical questions in each exam paper. The delegate must answer all four of these questions correctly to pass the exam. The multiple-choice questions are worth 1 point each, whereas written questions can score between 1-3 marks.

Where a delegate has passed the trainer's review and gained between 70%–77% (21, 22 or 23 out of 30) in the examination or has achieved the 80% pass rate but failed the safety critical questions, the delegate may re-sit the examination. This can either be on the same day or by resitting the exam by attending another course on the final day within a 90-day period (the delegate is not obliged to re-do the day's course).

Should a delegate fail the re-sit, they will be offered to take the SSSTS course again.

When a delegate scores less than 67% (20 correct answers out of 30) in the final examination, the delegate must attend the full SSSTS course again before they are allowed to re-sit the examination.

CITB HAVE MADE CHANGES TO THE SITE SAFETY PLUS COURSES CONTINUED...

SITE MANAGEMENT SAFETY TRAINING SCHEME (SMSTS) COURSE CHANGES

The Site Management exam, like the others, has added environmental issues and stress and mental health awareness to its content.

Assessment will be by an end of course exam paper, the completion of four core exercises and a trainer review, for which the delegate will need to gain a PASS in all elements of the review.

The exam paper is compulsory and consists of 25 questions, selected by CITB, covering all aspects of the course. The exam pass mark is 80% (28 out of 35).

The paper consists of 20 multiple choice questions and five short written questions. There are five safety critical questions in each exam paper. The delegate must get all five of these questions correct in order to pass the exam. The multiple choice questions are worth one point each, whilst written questions can score between 1-3 marks.

Where a delegate has achieved 70% in the core exercises and the trainer's review, and gained between 71%–77% (25, 26 or 27 out of 35) in the exam or has achieved the 80% pass rate but failed the safety critical questions, the delegate may re-sit the exam. This can either be on the same day or by re-sitting the exam by attending the final day of another course within a 90 day period (the delegate is not obliged to redo the course).

If a delegate fails the re-sit, they will need to take the full SMSTS course again.

When a delegate scores less than 69% (24 correct answers out of 35) in the final exam, the delegate must attend the full SMSTS course again before they are allowed to re-sit the exam.

SITE SUPERVISION SAFETY TRAINING SCHEME (SSSTS) REFRESHER COURSE CHANGES

This one-day refresher course is for delegates who have previously passed the two-day Site Supervision Safety Training Scheme (SSSTS) course and can provide proof of successful attendance.

Failure to attend the refresher course prior to the expiry of an existing certificate will require the delegate to re-enter the scheme by completing the full SSSTS course if they wish to remain in the scheme.

The course content has also been updated to contain elements of stress and mental health awareness and environmental issues.

The examination paper is compulsory and consists of 25 questions, selected by CITB, covering all aspects of the course.

The examination pass mark is 80% (24 out of 30).

The paper consists of 22 multiple choice questions and three short written questions. There are four safety critical questions in each exam paper. The delegate must answer all four of these questions correctly to pass the exam. The multiple choice questions are worth 1 point each, whereas written questions can score between 1-3 marks.

Where a delegate has achieved between 70%–77% (21, 22 or 23 out of 30) in the examination or has achieved the 80% pass rate but failed the safety critical questions, the delegate may re-sit the examination. This should be carried out on the same day.

Should a delegate fail the re-sit, they will be offered to take the SSSTS-R course again. When a delegate scores less than 67% (20 correct answers out of 30) in the final examination, the delegate must attend the full SSSTS-R course again before they are allowed to re-sit the examination.



SITE MANAGEMENT SAFETY TRAINING SCHEME (SMSTS) REFRESHER COURSE CHANGES

The Site Management Safety Training Scheme Refresher (SMSTS-R) course is for delegates who have previously passed the full Site Management Safety Training Scheme (SMSTS) course or subsequent refresher course, and can provide proof of attendance.

The course has added environmental issues and stress and mental health awareness to its content.

The exam paper is compulsory and consists of 25 questions, selected by CITB, covering all aspects of the course.

The examination pass mark is 80% (28 out of 35).

The paper consists of 20 multiple choice questions and five short written questions. There are five safety critical questions in each exam paper. The delegate must get all five of these questions correct in order to pass the exam. The multiple choice questions are worth one point each, whilst written questions can score between 1-3 marks.

Where a delegate has achieved between 71%–77% (25, 26 or 27 out of 35) in the exam or has achieved the 80% pass rate but failed the safety critical questions, the delegate may re-sit the exam. This should be carried out on the same day.

If a delegate fails the re-sit, they will need to take the full SMSTS-R course again.

When a delegate scores less than 69% (24 correct answers out of 35) in the final exam, the delegate must attend the full SMSTS-R course again before they are allowed to re-sit the exam.

WHAT IS THE DIFFERENCE BETWEEN 3T AND AGR MOBILE SCAFFOLD TOWERS?



Image of AGR Mobile Scaffold Training

When working at height you must ensure that you have planned the work in hand, this includes selecting the most suitable equipment for the job as well as considering fall prevention. Ladders may be ideal for low risk and short duration tasks but when working at height for longer durations, a tower is one way to prevent a fall. The two types of mobile scaffold towers that can be used are 3T and AGR, but what are their differences?

WHATS THE DIFFERENCE?

Advanced Guard Rail (AGR)

AGR stands for 'Advanced Guard Rail', which are rails that can be assembled on the next level above the one on which the assembler is standing. The AGR method places the guard rail in advance of the working platform, where the operative can ascend the tower and straight onto the working platform or deck with the guard rail already in place. This method is very simple to use and means that if the assembly is paused for some reason, anyone can access the tower without danger.

Through the Trap (3T)

3T stands for 'Through The Trap Door' and is an approved method of assembly by the HSE that reduces the risk of the assembler falling. The 3T method requires the operative to sit in the trap of the deck to add or remove any guard rails above.

This system protects the assembler from standing on an unprotected platform. Once guard-rails are secured in position, the assembler can climb onto the platform and continue constructing the next level.

Both methods are compliant of best practice, but some organisations sometimes show a preference to one method over the other.

WHICH TOWER METHOD IS SAFER?

The 3T and AGR Tower methods are used for fall protection when assembling towers. Both methods are recommended by PASMA and the HSE to reduce falls. These systems are as safe as each other to use and when selecting either the 3T or AGR Tower, it is just a matter of personal preference. When using either of these methods make sure the person in charge is competent to do the work in hand and they know what they are doing.



Image of BSG 3T Mobile Scaffold Training

AGR systems are generally more expensive because there is more material used, more welding and cast components in each level. The positive part is that there are less overall components and it is harder to build incorrectly, but does limit the height flexibility.

Don't Forget: A tower should be inspected on its first use and every 7 days.

WHAT IS THE DIFFERENCE BETWEEN 3T AND AGR MOBILE SCAFFOLD TOWERS? CONTINUED...



Remember when using a scaffold tower or mobile access tower:

- Never work on a platform without guard rails
- Never stand on an unprotected platform when building or dismantling a tower
- ALWAYS follow the manufacturer’s or supplier’s instruction manual
- Ensure that these manuals are available to the operatives erecting and using the tower, and to the person supervising the work
- No manual should mean no tower

3T AND AGR MOBILE SCAFFOLD TOWER COURSE

BSG run two Mobile Scaffold Tower courses – the 3T method (Through the Trap) and AGR method (Advanced Guard Rail). We are also able to offer a one day course covering both methods.

This half day course (or full day if you take the 3T and AGR course) is designed for persons required to carry out work which involves the erection, dismantling and use of mobile towers to the 3T system and/or AGR system as recommended by the HSE.

WHAT WILL YOU LEARN?

- Towers and the Law
- Erection and dismantling
- The main risks associated with towers
- Bad practice
- Good practice
- Alternative means of access to mobile towers

2019 COURSE DATES

- 15 Mar 2019
- 9 Apr 2019
- 3 May 2019
- 11 Jul 2019
- 15 Aug 2019

Image of BSG 3T Mobile Scaffold Training

- 3 Sep 2019
- 3 Oct 2019
- 7 Nov 2019
- 2 Dec 2019

WE CAN RUN THIS COURSE AT YOUR ORGANISATION

If you have a group of 6 or more employees requiring training, we can run this course on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

GROUP BOOKING RATES (PER HALF DAY COURSE)

At your premises:

BSG Members—£400+VAT Non-Members—£450+VAT

Plus mileages and overnight accommodation if necessary

At BSG Training Centre:

BSG Members—£425+VAT *Non-Members—£475+VAT*

*Max. 12 delegates per course.

Fee quoted for members’ rates includes 15% discount.

For more information or to book your place on a course please contact our training department Tel: 0300 304 9080

Email: training@BSGlimited.co.uk.

BSG AN INTRODUCTION TO MENTAL HEALTH IN CONSTRUCTION 31ST MAY 2019

BSG will be delivering two, free of charge 'An Introduction to Mental Health in Construction' sessions on Friday 31st May 2019 at our South West Training Centre.



WHY ATTEND THE SESSION?

Male site workers in construction are three times more likely to commit suicide than the average UK male. This shocking mental health statistic is a vivid reminder of the difficulties faced by many working in the construction industry every day.

BSG's free course, 'An Introduction to Mental Health in Construction' aims to spread awareness of mental ill-health in the construction sector and break the stigma surrounding it.

Also joining us on the day are representatives from Developing Health Independence, South Gloucestershire Drug and Alcohol Service, Avon & Wiltshire Mental Health NHS Partnership Trust and Southern Brooks (Emotional Health and Wellbeing). They will be available to answer questions and provide resource materials.

For full details of the event, please download the [course brochure](#).

WHAT YOU WILL LEARN

This is an introductory three hour session to raise awareness of mental health. It is designed to give:

- An understanding of what mental health is and how to challenge stigma
- A basic knowledge of some common mental health issues
- An introduction to looking after your own mental health and maintaining wellbeing
- Confidence to support someone in distress or who may be experiencing a mental health issue Learning takes place through a mix of presentations, group discussions and workshop activities.

DATE

Friday 31st May 2019

First session: 9:30 - 12:30

Second session: 13:00 - 16:00

Refreshments will be provided on arrival and during the break.

VENUE

BSG South West Training Centre - 5 Pinkers Court, Briarlands Office Park, Bristol BS35 3QH

HOW TO BOOK

Bookings will be taken on a first come first served basis, we expect this course to be extremely popular and to fill up in advance - please contact us to book your place. A maximum of two delegates per organisation can attend.

Book your place by calling our training services team:
Tel: 0300 304 9080 Email: training@BSGlimited.co.uk

SUPPORTED BY:

Developing Health Independence, South Gloucestershire Drug and Alcohol Service, Avon & Wiltshire Mental Health NHS Partnership Trust and Southern Brooks (Emotional Health and Wellbeing).



South Gloucestershire
Drug & Alcohol Service



**Avon and Wiltshire
Mental Health Partnership**
NHS Trust

BSG HEALTH & SAFETY DOCUMENTATION NOTICE

Please note, an email will be sent to members shortly notifying people of the changes that have been made to our Health and Safety documentation.

All of BSG's Health and Safety documents can be found in the [Secure Area](#) for members or by logging into [BSG Online Services](#).

The Health and Safety documentation has been updated as part of our annual check for changes current legislation and innovations in best practice.



CSCS LAUNCHES ONLINE APPLICATION SERVICE

The Construction Skills Certification Scheme (CSCS) is set to launch an updated online service aimed at speeding up the CSCS card application process.

For more than 20 years, CSCS's application processing and contact centre services have been delivered under contract by the Construction Industry Training Board (CITB). In late 2017, CITB formally notified CSCS of their intention to withdraw from delivering the service.



Since then, CSCS has updated its service, moving the majority of applications online and improving the existing telephone and paper-based application processes.

Graham Wren, chief executive at CSCS, said: "I am delighted to announce that the new service will go live by the end of 2019. This new and exciting development includes the introduction of online applications and the ability to send an electronic version of the CSCS card directly to your mobile phone.

"Buying services online is quickly becoming the norm. Introduction of the new service will remove much of the complexity surrounding the existing application process and demonstrate CSCS's commitment to delivering a first-class service to the 1.5 million card holders and their employers in the UK construction industry."

The CSCS scheme will continue to operate as normal while the process of developing the new service takes place.

Further details about CSCS's plans to introduce an online application service can be found [here](#).

Source: [Construction Manager Magazine](#)

WHAT IS ABRASIVE WHEEL TRAINING?

The Abrasive Wheels training course is designed to increase awareness for anyone who uses abrasive wheels as part of their job.

ABRASIVE WHEELS TRAINING COURSE OVERVIEW

The aim of the half day [Abrasive Wheel course](#) is to enable candidates to work safely and provide an understanding of current legislation. Errors in the workplace can cause friction burns, to crushed fingers and even loss of eyesight, injury from abrasive wheels can be severe. The course will promote awareness of the dangers and hazards of abrasive wheels and offer advice and steps to reduce the number of workplace accidents to create a safer workplace.

WHO IS THE ABRASIVE WHEELS TRAINING FOR?

The abrasive wheels training is ideal for anyone who operates abrasive wheels in a workplace setting. This includes the use of

machines such as angle grinders, disc cutters and bench grinders.

The training course is beneficial for any worker who wants to have a better understanding of how to operate new abrasive wheels or workers who want to have a refresher course in this area.

THIS COURSE INCLUDES THE FOLLOWING:

- The Use of abrasive wheels (including Risks)
- The Inspection
- Maintenance
- Changing of the wheel

THE FOLLOWING EQUIPMENT WILL BE REQUIRED:

- Hand Held Grinder/Cutter (petrol)
- Blade with Spanner
- Selection of blades appropriate to both stone and metal cutting to fit both types of disc cutters including required spanners
- P.P.E



THE BENEFITS OF OUR ABRASIVE WHEELS TRAINING

Doing the Abrasive Wheel training course has a number of benefits. The course ensures that employees/contractors are trained properly in safety practices and that abrasive wheels are maintained correctly.

The training course raises awareness of the risks associated with the use of abrasive wheels, helping to improve risk perception and encouraging better ownership of the issues associated with working with abrasive wheels.

The course also helps to reduce the risks that are infrequent or that happen on a one-off occasion.

Upon completion of the course you will receive a card to demonstrate your abrasive wheel competence. This will be valid for 3 years. Near to expiry you will need to take a 1 hour refresher course, where on completion, you will receive a new valid card.

WHAT IS ABRASIVE WHEEL TRAINING? CONTINUED...

WHEN CAN I TAKE THE ABRASIVE WHEELS TRAINING COURSE?

If you have a group of 6 or more employees requiring training, we can run an Abrasive Wheel course on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements.

COURSE FEES FOR ABRASIVE WHEEL (PER HALF DAY COURSE)

At your premises:

BSG Members—£400+VAT *

Non-Members—£460+VAT*

Plus mileages and overnight accommodation if necessary

At BSG Training Centre:

BSG Members—£425+VAT*

Non-Members—£490+VAT*

*Max. 12 delegates per course.

Fee quoted for members' rates includes 15% discount

Book your place by calling our training services team:
Tel: 0300 304 9080 Email: training@BSGlimited.co.uk.



ABRASIVE WHEEL REFRESHER (1 HOUR)

Our one hour Abrasive Wheel Refresher training courses are aimed at operators, managers and supervisors, who as part of their working duties select, mount, specify or use abrasive wheels, who have successfully completed an abrasive wheel use and mounting course within the last 3 years.

COURSE FEES FOR ABRASIVE WHEEL REFRESHER

£300 if delivered as a stand alone course

£100 if added to any half day course or if conducted as part of a site visit

SMSTS REFRESHER COURSE, TIME TO RENEW YOUR QUALIFICATION?

The Building Safety Group is an accredited and leading training provider of the 2 day [CITB Site Management Safety Training Scheme Refresher](#). The two day refresher course will enable current SMSTS certificate holders to renew their qualification. The course can only be attended by those who have passed the five day course and provided evidence.

Refresher courses are intended to update candidates' knowledge with changes in legislation and working practices, as well as refreshing their memories with any of the information taught previously which they have since forgotten. Courses such as the First Aid at Work re-qualification and CITB SMSTS and SSSTS refresher courses are examples of this.

WHO IS IT FOR?

This two day refresher course is for delegates who have previously passed the full five-day (SMSTS) course and can provide proof of attendance. The five day qualification expires after 5 years, but it is recommended by the CITB that you should refresh after 3 years due to ongoing legislation changes.

In 2015, the CITB changed its scheme rules, affecting all CITB courses requiring a refresher course. A refresher must be undertaken before the current certificate's expiry date. These courses include: Site Management Safety Training Scheme (SMSTS) and Site Supervisor Safety Training Scheme (SSSTS).

It is the delegate/booker's responsibility to ensure that the existing certificate is within the new scheme rules before booking or sitting a refresher course. In the event the certificate has expired they will be required to attend the full five day course again. All SMSTS certificates issued by the CITB after 1st January 2001 are valid for a five year period from the date of issue.

WHAT WILL YOU LEARN?

The aim of the two-day refresher course is to help delegates to improve their awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues.

By attending and completing this course you will be:

- Aware of, and able to implement all updated health, safety, welfare and environmental legislation which affects them in their role as a manager
- Aware of and able to implement new guidance and industry of best practice
- More aware of their duties and responsibilities with regards to health, safety, welfare and the environment.

For more information please visit our [website](#) and to book your place please call our training services team: Tel: 0300 304 9080 Email: training@BSGlimited.co.uk.

LAUNCH OF MATES IN MIND APPRENTICES' SURVEY

Mates in Mind have announced that after winning the B&CE Mowlem award in 2018, they have used the funding received from the award to develop an initiative aimed at improving apprentices' mental health.

To support this initiative, Mates in Mind have launched an Apprentices' Mental Health survey. The survey takes less than 10 minutes to complete and aims to gather information about apprentices' awareness and understanding of mental health as well as their confidence in knowing where to seek support themselves, and how to manage a conversation with a co-worker.



If you are an apprentice you can take the survey now. Mates in Mind are aiming to receive as many responses as possible to support their research so they appreciate all participants.

Mates in Mind hope to build the evidence base to develop a range of mental health & wellbeing programmes for apprentices in construction, and promote cultures of positive wellbeing across workforces.

According to CITB, over time 35% of apprentices in the industry will go on to run their own businesses.

If you have any further questions about the survey, please email support@matesinmind.org.

Take Mates in Mind apprentices' survey here: <https://www.surveymonkey.co.uk/r/matesinmind-apprentices>

Source: [Mates in Mind](#)

CSCS ANNOUNCE PLANS TO WITHDRAW INDUSTRY ACCREDITATION

For several years the strategic direction of the Construction Skills Certification Scheme (CSCS) has focused on ensuring that all applicants can demonstrate the achievement of a nationally recognised construction related qualification.

With the introduction of the Labourer card, the withdrawal of the Construction Related Occupation card and the planned removal of the Site Visitor card the next step is the withdrawal of cards issued under Industry Accreditation.

Industry Accreditation, also known as Grandfather Rights, allowed workers to obtain CSCS cards on the strength of an employers' recommendation rather than the achievement of a recognised qualification. CSCS closed Industry Accreditation to new applicants in 2010 but those already holding a card are currently able to renew on the same basis.

CSCS has consulted with the industry and agreed a plan that will pave the way for the eventual withdrawal of cards issued under Industry Accreditation.

From 1st January 2020, all cards renewed under Industry Accreditation will expire on 31st December 2024 and CSCS will stop issuing the card from 30th June 2024.

Graham Wren, Chief Executive at CSCS said: "Following the closure of the Construction Related Occupation card and the Construction Site Visitor Card, cards gained by Industry Accreditation are the only cards in the CSCS scheme which do not require the cardholder to achieve a recognised qualification. Industry Accreditation does not support industry's desire for a fully qualified workforce and as such it will be withdrawn."

What each of the 60,000 Industry Accreditation card holders need to do next depends on their occupation and any qualifications they may already hold. Those without qualifications will be required to register for the appropriate qualification for their occupation before their cards expire in 2024.



Graham Wren added: "A lot of work has taken place to ensure those with cards issued under Industry Accreditation will be able to transition to other CSCS cards as simply as possible. We are making this announcement early to ensure card holders and their employers have enough time to make the necessary alternative arrangements."

The withdrawal of Industry Accreditation will be the final step towards achieving the Construction Leadership Council's objective of ensuring cards are only issued to those who have achieved, or are in the process of achieving, a nationally recognised construction related qualification.

Visit www.cscs.uk.com/ia to find out what steps you need to take to replace a card issued under Industry Accreditation.

Source: [CSCS](#)

BUILDING SAFETY GROUP REPORTS 33% INCREASE IN HAND ARM VIBRATION BREACHES ON CONSTRUCTION SITES

BSG has reported a 33% year on year rise in the number of 'Hand Arm Vibration' breaches recorded on construction sites. The increase is based on over 42,000 independent site inspections conducted over a two year period, comparing 2017 to 2018.

Hand-arm vibration comes from the use of hand-held power tools and is the cause of significant ill health (painful and disabling disorders of the blood vessels, nerves and joints). Exposing workers to the risks of 'Hand Arm Vibration Syndrome' or HAVS can result in symptoms such as tingling, pins and needles, numbness and pain in the affected person's hands. The condition can affect sleep when it occurs at night and cause difficulties in gripping and holding things. Between 2008 and 2017 there were over 7,000 new claims for HAVS according to the Industrial Injuries Disablement Benefit (IIDB).

BSG's announcement coincides with a series of recent HSE blitzes which have focused on 'Vibration' in construction as a serious health risk. In many cases, HSE visits have frequently led to FFIs (Fees for intervention) penalties being imposed. A recent case saw Balfour Beatty fined £500,000 for HAVS breaches over 'several years'*.

Paul Kimpton, Managing Director for BSG commented: "Hand arm vibration can be a significant health risk wherever powered hand tools are used for prolonged lengths of time. And unfortunately, once the damage is done it is permanent."

Paul continued: "However the good news is that HAVS is easily preventable. What construction companies need to do is find out what their workers' exposure is likely to be as part of a vibration risk assessment. The HSE advises that the employer carries out a period of monitoring to understand how long workers use particular tools in a typical day or week. Once you know enough about the work to say what the exposure is likely to be and whether it is likely to exceed either the 'Exposure Action' or 'Exposure Limit Value**', focus can shift to investigating, as well as taking practical steps to reduce the exposure and the risks."

*Balfour Beatty fined £500,000 for HAVS breaches over several years. Published 18th June 2018; Source: [Health & Safety at Work](#).

**Exposure Limit Value (ELV) * Exposure Action Value (EAV): Visit <http://www.hse.gov.uk/vibration/hav/advicetoemployers/responsibilities.htm> for information about ELVs / EAVs and employers' legal responsibilities



Paul Kimpton, BSG Managing Director





COURT CASES

£34K FINE AFTER WORKER FELL FROM LADDER

A worker who fell six metres from a ladder sustained multiple fractures to the neck, back, ribs, and hip, plus head injuries and a collapsed lung.

On 4 April 2017, the contractor who was working on converting a barge from a commercial vessel into a luxury house-boat, fell from a ladder erected at the back of the vessel. The ladder provided unsafe access onto the boat and whilst descending, it twisted causing him to fall six metres onto the floor of the dry-dock. A gangway which would have provided safe access was available in the boatyard but had not been fitted because of time pressures. The contractor has not been able to return to full-time work because of his injuries.

The HSE's investigation found that marine contractor TS Rigging Limited had failed to take suitable and sufficient measures to prevent any person falling a distance liable to cause personal injury. The company also failed to carry out a risk assessment.

TS Rigging Limited of 2 High Street, Burnham on Crouch, Essex pleaded guilty to breaching Regulation 6(3) of the Work at Height Regulations 2005. The company was fined £34,000 and ordered to pay costs of £5,917.

Speaking after the hearing HSE Inspector Nikki Hughes said: "Falls from height are one of the biggest causes of workplace fatalities and major injuries, with falls from ladders being one of the most common causes.

"This incident could have been prevented if the company had implemented a safe system of work to prevent falls."

Article sourced from: [SHP Online](#)

CONSTRUCTION COMPANY FINED AFTER FAILING TO IMPLEMENT ITS OWN RISK ASSESSMENT

Construction company Rivergate Developments Ltd was sentenced today for safety breaches after worker Nathan Howes fell 2.7 metres through an open stairwell.

Leeds Magistrates' court heard how, on 31 May 2017, Mr Howes, aged 26, was working on the upper floor of a cricket club in Sowerby Bridge, West Yorkshire which was under refurbishment. Mr Howes was removing a 'genie lift' from the forks of a lift truck, so that steel beams could be lifted into place, when he stepped backwards and fell through the stairwell opening. Mr Howes sustained multiple injuries including a fractured spine, a fractured skull and a small collapse of one of his lungs, and was hospitalised for six days. Mr Howes still attends physiotherapy as an outpatient and has not yet been able to return to work.

An investigation by the Health and Safety Executive (HSE) found that Rivergate Developments Ltd had carried out a risk assessment which identified there would be gaps in the floor through which a person could fall. However, they failed to put in place any measures to either prevent or mitigate the consequences of a fall. Such measures include the use of fixed edge protection systems to prevent falls or the use of fall arrest bags to mitigate falls.

Rivergate Developments Ltd of Rivergate House, Carrhill Road, Mossley, Lancashire pleaded guilty to breaching Section 2 (1) of the Health and Safety at Work etc Act 1974. The company has been fined £20,000 and ordered to pay £1,020 in costs.

Article sourced from: [HSE](#)

NEW DATES FOR BSG OH TRAINING PROGRAMME RELEASED

New 2019 dates have been released for BSG's Occupational Health Training Programme, developed to help ensure construction companies become and remain compliant with UK legislation.

Our one day course is specifically tailored for senior management and professionals who are responsible for the Occupational Health of their workforce. The course may also be beneficial for people working in HR or Administrative roles, who become involved in collecting Occupational Health data about employees.

During the course, BSG's expert trainer will take you through our Occupational Health procedure guide step by step, so that the guide can be applied to your business.

WHAT YOU WILL LEARN

By attending BSG's course you will be able to;

- Understand your legal duties and responsibilities for the Occupational Health of your workforce
- Identify who in your company is at risk by creating an 'Occupational Health Matrix' of your employees
- Learn how to set up a Health Management programme that will evaluate the existing health conditions in your business
- Make recommendations for changes to your procurement procedures and supply chain
- Learn the best way to initiate a group consultation with your workforce to explain the importance of Occupational Health
- Develop your own Health support mechanism by applying BSG's toolkit which includes self-assessment questionnaires, consultation feedback forms and toolbox talks
- Use BSG's Occupational Health procedure guide for your company
- Use the correct Health Surveillance forms for your workforce
- Select an appropriate Occupational Health provider which is best suited to your business
- Learn how to easily create your own Operative Occupational Health Database
- Use our Stress Management Indicator Tool

COURSE MATERIALS

The following course materials will be provided to all participants:

- BSG Occupational Health Procedure Guide
- Occupational Health matrix which can be customised for your business
- Self-assessment questionnaires for distribution to your workforce (supplied in MS Word)
- Health Surveillance form templates
- Consultation feedback form templates for your staff to complete
- BSG Course PowerPoint for future reference
- Contact details of local Occupational Health Practitioners, appropriate for your company

*All course materials are provided in hard copy and / or electronic format in MS Word or Excel format

COURSE FEES

BSG Members:
£425 + VAT

Non Members:
£489 + VAT

Course fees include all course materials as above, certification and lunch.

COURSE DATES

- 21st March 2019 (Exeter)
- 10th April 2019 (Bristol)
- 12th June 2019 (Bristol)
- 11th September 2019 (Bristol)
- 20th November 2019 (Bristol)

GROUP BOOKINGS

We can run this course at your organisation. If you have a group of 6 or more employees requiring training, we can run this course on a private basis, at a venue of your choice on a date that suits you.

We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

HOW TO BOOK

Book your place by calling our training services team: Tel: 0300 304 9080
Email: training@BSGlimited.co.uk.

OCCUPATIONAL HEALTH: FACTS AND FIGURES

Ill health

HSE estimates that there are 1.2 million cases of ill health annually, caused or made worse by work, with 22.3 million working days lost due to work-related illness (not including working days lost for work-related injury).

Stress, depression or anxiety and musculoskeletal disorders accounted for the majority of days lost due to work-related ill health, 9.9 and 9.5 million days respectively.



Around 80% of new work-related conditions were either musculoskeletal disorders, stress, depression or anxiety.

Cost

27.3 million working days are lost annually due to work-related injury and illness. The cost to British employers of health and safety failure was estimated to be £2.8 billion in 2013/14.

Penalties

Those found guilty in a magistrate's court of health and safety offences can face fines of up to £20,000 and/or up to 12 months imprisonment. Conviction in a Crown Court can result in an unlimited fine and/or a period of imprisonment of up to two years.



BSG PODCASTS

BSG provides a range of Health and Safety podcasts which address critical Health and Safety issues facing the construction industry. You can view them all below:

The Importance of Using a Risk Assessment: Chris Chapman, Technical Support Manager at BSG discusses the requirements of a risk assessment and what companies need to consider when making an assessment. How to set realistic controls and monitor the effectiveness of the assessment will also be explained.

Dust on Construction Sites: During the podcast, Chris Chapman discusses which construction tasks produce high levels of dust and how companies can prevent or adequately control construction dust risks.

Directors Responsibilities: This podcast provides directors and other senior professionals with a comprehensive understanding of their liabilities and obligations when implementing a Health and Safety strategy. It also offers guidance and practical advice on what should be included in a company's Health and Safety policy.

Manual Handling: Chris Chapman summarises the criteria used when carrying out manual handling assessments, the statutory obligations placed on managers and the techniques used to reduce manual handling injuries.

Occupational Health podcast: Our Occupational Health podcast examines the actions that must be taken to ensure successful management of Occupational Health in the workplace. Focus is directed towards how companies can reduce costs as well as improve the health and wellbeing of construction workers.

General Legislation podcast: The Podcast aims to breakdown and simplify the Health & Safety at Work Act by reviewing key legislation which is relevant for the construction industry.

Special Considerations for Timber Frame Construction podcast: Chris Chapman explains the extra measures which need to be taken because of the added fire risk.

Members can view the podcasts by logging into the 'BSG Secure Information Area'.

Visit our website to login: <http://www.bsgltd.co.uk/secure/>

Alternatively, please watch our podcasts on our Youtube channel: https://www.youtube.com/playlist?list=PLESO_J4Ec9TeUlcK_GXxegFS_jvfXdtSQ

UPCOMING PODCASTS INCLUDE:

The Dangers of Vibration: Chris Chapman will highlight the dangers of vibration to the body, identify the different systems of measuring and managing exposures and explain how to measure work exposure limits.

Noise - Regular exposure to high levels of noise can have detrimental effects on human hearing. Chris Chapman will review effective controls to eliminate or reduce the exposure to noise.

BSG BYTES

What are 'BSG Bytes'?

BSG Bytes are a series of short videos discussing topical industry Health and Safety matters.



Chris Cooksley, Trainer at BSG

BSG Byte - Changes to CITB's Site Safety Plus courses

In January, we met with Chris Cooksley, Trainer at BSG, to record our latest BSG Byte. During the video, Chris discusses the changes to CITB's Site Safety Plus courses which occurred in 2018. This includes information about the higher pass rates, new styled questions and safety critical questions, which must be answered correctly by delegates to pass the exam.

Chris looks at the following courses:

- Health and Safety Awareness
- Site Managers Safety Training Scheme
- Site Supervisors Safety Training Scheme

Members can view the BSG Byte by logging into the '[BSG Secure Information Area](#)'.

What's next?

In March, BSG will be releasing a BSG Byte featuring Mark Stevens, Principal Safety Adviser for the South region. In this video, Mark will discuss noise on a construction site.

Do you have a question you would like answered?

Please contact the marketing team if there is a health & safety topic or question that you would like discussed on T: 0300 304 9090

E: marketing@bsgltd.co.uk



Mark Stevens, Principal Safety Adviser for the South region

MEET THE TRAINING TEAM

T: 030 0304 9080 E: training@bsgltd.co.uk



Steve Beckwith, Training Manager
SteveB@bsgltd.co.uk



Chris Cooksley, Trainer
Chris.Cooksley@bsgltd.co.uk



Catherine Dyke, Training Co-ordinator
Training@bsgltd.co.uk



Trisha Huntridge, Training Co-ordinator
Training@bsgltd.co.uk

BSG TRAINING VENUES



BSG SOUTH WEST TRAINING CENTRE, BRISTOL
BSG South West Training Centre
5 Pinkers Court, Briarlands Office Park,
Gloucester Road, Rudgeway,
Bristol BS35 3QH
T: 0300 304 9080



HOLIDAY INN CARDIFF NORTH, CARDIFF
Holiday Inn Cardiff North M4/J32,
Merthyr Road,
Tongwynlais,
Cardiff CF15 7LH



EXETER ST. THOMAS CRICKET & SPORTS COMPANY, EXETER
Brooklands Grace Road, Marsh Barton Trading Estate,
Exeter EX2 8PU



BROMSGROVE HOTEL & SPA, MIDLANDS
Birmingham Road
Bromsgrove B61 0JB

CITB CERTIFICATE EXPIRY

A reminder that for the CITB Site Safety Plus scheme, the refresher course must be attended before the certificate expires. Failure to do this will result in the delegate being required to complete the full course again.

For any queries in relation to this, please contact the training team.



COURSES

Need a course in a location closer to you? If you have a group of 6 or more employees requiring training, we offer all of our courses on a private basis. Held at a venue of your choice on a date that suits you, we can tailor the course to meet your needs and requirements. Contact us and find out more.

BSG PHONE NUMBERS

Training: 0300 304 9080
Accounts: 0300 304 9060
Marketing: 0300 304 9090
Membership/Technical Support: 0300 304 9070

BSG LOGIN GUIDES

To help members log in to our software, we have created login guides for the BSG Secure Area, BSG Online Services and the Risk Assessment Software. These can be found below:

BSG Secure Area - <http://www.bsgltd.co.uk/wp-content/uploads/2018/04/BSG-Secure-Area-Login.pdf>

BSG Online Services - <http://www.bsgltd.co.uk/wp-content/uploads/2018/04/BSG-Online-Login.pdf>

Risk Assessment Software - <http://www.bsgltd.co.uk/wp-content/uploads/2018/04/BSG-RAS-Login.pdf>



The Building Safety Group

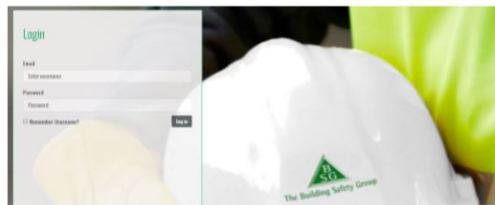
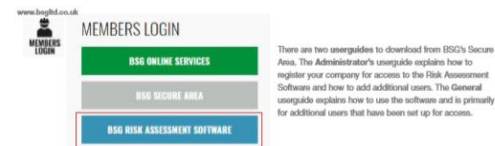
Your Partners in Health, Safety & Environmental Welfare



BSG Risk Assessment Software Login

As a BSG member your company and staff will have exclusive access to our 'Risk Assessment Software' where you are able to utilise over 70 different types of risk assessment templates. Each BSG template is pre-configured with its own set of unique control measures relevant to the task being assessed. Users simply have to apply a risk rating for each task assessed, using our 5 x 5 risk evaluation matrix.

To access BSG's Risk Assessment Software, please visit our website at www.bsgltd.co.uk. Click on the 'Members Login' button and select BSG RISK ASSESSMENT SOFTWARE. Enter the username and password that has been supplied to you, tick the 'Remember Me' box and click 'login'.



The Building Safety Group Ltd
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Gloucester Road, Rudgeway, Bristol BS35 3QH
e enquiries@bsgltd.co.uk | www.bsgltd.co.uk | 0300 304 9050

The Building Safety Group

BSG MEMBERS CAN STAY UP TO DATE WITH BSG NEWS

BSG News keeps you up to date with industry health and safety news. Subscribe to our BSG News e-newsletter on the newsletter page of our [website](http://www.bsgltd.co.uk).



TRAINING NEWS

Training courses starting soon...

- Mobile Scaffold Tower 3T & AGR (1 day) – 15 Mar 2019 (Bristol), 9 Apr 2019 (Bristol)
- Site Management Safety Training Scheme Refresher (2 days) – 18 & 19 Mar 2019 (Exeter), 25 & 26 Mar 2019 (Bristol), 1 & 8 Apr 2019 (Exeter)
- Scaffold Inspection and Appreciation (2 days) – 18 & 19 Mar 2019 (Bristol)
- Site Supervisor Safety Training Scheme Refresher (1 day) – 20 Mar 2019 (Bristol)
- CITB Health and Safety Awareness (1 day) – 21 Mar 2019 (Exeter), 26 Mar 2019 (Bristol)
- BSG Occupational Health Programme (1 day) – 21 Mar 2019 (Exeter)
- Site Environmental Awareness Training Scheme (1 day) – 25 Mar 2019 (Bristol)
- Site Management Safety Training Scheme (SMSTS) (5 days) – 1, 2, 3, 4 & 5 Apr 2019 (Bristol)
- Site Supervisor Safety Training Scheme (2 days) – 4 & 11 Apr 2019 (Bristol), 10 & 17 Apr 2019 (Exeter)

