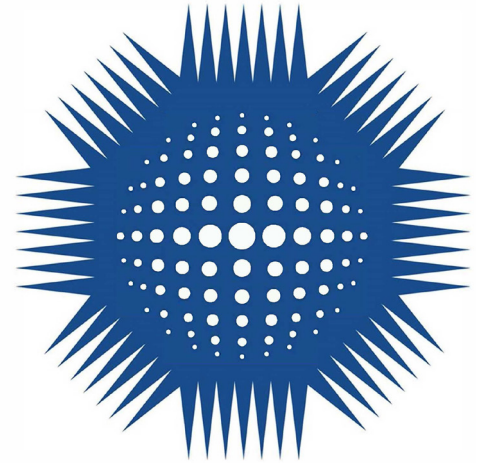


BSG TRAINING NEWS



Training Update Winter 2019



nebosh

Accredited Centre

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THIS MONTH'S ISSUE INCLUDES:

Training news

- Passing your NEBOSH - BSG's top 10 tips
- Construction workers detained in CITB, police and Home Office counter-fraud operations
- How to tell a fraudulent construction scheme card
- Visitor card withdrawal
- Experienced plant operators face interviews to keep skills cards
- SMSTS Refresher Course - time to renew your qualification?
- BSG Scaffold Inspection & Appreciation course name change
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PASSING YOUR NEBOSH - BSG'S TOP 10 TIPS

NEBOSH (The National Examination Board in Occupational Safety and Health) was formed in 1979 as an awarding body with charitable status. NEBOSH offers a vast range of qualifications, which are recognised globally as one of the best qualifications and are designed to meet the health, safety and environmental management needs of all places of work. NEBOSH have over 600 course providers within 120 countries. This attracts around 50,000 candidates yearly with 12,000 successful candidates since 1989 taking the leading health and safety award for the construction industry – the NEBOSH National Construction Certificate (NCC).

Obtaining the qualification can help steer your career in the right direction, enhance your skills, develop your knowledge and potentially increase your earning potential. Passing the globally recognised qualification can be a challenge, however following these top tips and being as prepared as possible can help you along the way.

TIP 1 – FOCUS ON THE END RESULT

Despite there being a large amount of material to learn and requiring a strong dedication in order to pass, those who do so will find the process valuable when they attain their accredited certificate.

Research published in the NEBOSH News Update revealed that 90% of job advertisements for safety, health and environmental (SHE) roles reviewed, specified the requirement for one or more NEBOSH qualifications. With this in mind, focus on the task in hand and prioritise accordingly. It is much better to pass first time than waste time re-sitting the exams.

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TRAINING SCHEDULES

PASSING YOUR NEBOSH - BSG'S TOP 10 TIPS CONTINUED...

TIP 2 – ENSURE YOU HAVE RESEARCHED WHAT YOU'RE GETTING IN TO

The NEBOSH National Construction Certificate is divided into 3 units with a total of 18 elements, with two written exams, NGC1 and NCC1. The final unit, NCC2, is a practical assessment.

The course provided by BSG is delivered over 16 days, with the breakdown of time on each module as follows:

Unit NGC1: 36 hours tuition and 23 hours private study Total: 59 hours

Unit NCC1: 68 hours tuition and 29 hours private study Total: 97 hours

Unit NCC2: 2 hours tuition and 6 hours private study Total: 8 hours

The programme of study therefore includes 106 taught hours and 58 hours of private study with an overall total of 164 hours.

Click [here](#) for comprehensive guidance on the [presentation and submission of the Unit NCC2 practical application](#)

TIP 3 – FAMILIARISE YOURSELF WITH THE EXAM STRUCTURE

Understanding the format of the exams will help you to pass first time. NEBOSH exams involve a mixture of short and long questions, so it is important to calculate the length of time you have to answer each question.

Remember:

- Each exam lasts two hours
- Each exam consists of 10 short answer questions and 1 long answer question



- Short questions are worth 8 marks while the long answer question is worth 20 marks
- You should allow 8-10 minutes to answer short questions and 20 minutes to answer a long question
- You should attempt all questions
- The practical assessment must be completed within 10 working days of sitting the NGC1 and NCC1 exams.

TIP 4 – MAKE SURE YOU UNDERSTAND THE COMMAND WORDS

One of the most common pitfalls candidates find when taking the exams are how to apply the command words and provide enough content when answering a question. Understanding the usage of these command words is essential in order to score high marks. The strength of the command word will determine the depth of the answer needed for each question.

- **Identify** – To give reference to an item, which could be its name or title (normally a word or phrase will be sufficient)
- **Give** – To provide short, factual answers (normally a single word, phrase or sentence will be sufficient)
- **Outline** – To indicate the principle features or different parts of (a brief summary of the major aspects of whatever is stated in the question)
- **Define** – to give the meaning of a word, phase or concept
- **Describe** – To give a detailed written account of the distinctive features of a subject. The account should be factual, without any attempt to explain (You need to go into sufficient detail so that another person could visualise what you are describing)
- **Explain** – To provide an understanding. To make an idea or relationship clear (testing the candidates ability to know or understand why or how something happens. Often associated with the words 'how' or 'why')

Click [here](#) to view information on [how command words are used](#).

TIP 5 – ATTEND A DIRECTED STUDY SESSION

It is strongly advised that candidates should attend a directed study session. BSG holds a full day directed study session for each exam.

PASSING YOUR NEBOSH - BSG'S TOP 10 TIPS CONTINUED...

Attending a directed study session puts you in an environment where you can discuss any queries with an expert tutor and your peers. It also provides an allocated amount of time to practice exam questions, gain feedback on your performance and ask any additional questions.

TIP 6 – NEBOSH USE A POSITIVE MARKING SYSTEM

It is important to remember that the exam is positively marked, meaning that points are awarded for the correct application of knowledge, rather than deducted for incorrect answers. Make sure that you attempt to answer every question. Keep in mind that for every question you skip, you have lost the whole mark that accompanies that question. You never know, answering that question may have picked you up a couple of marks that might make the difference between a pass and a referral.

TIP 7 – START YOUR REVISION EARLY

Organising and starting your revision early will provide enough time to view each topic and allocate additional time to cover weaker subjects. A useful tip is to use the reductionist strategy to condense information into simple notes. Try condensing simple notes to one word or a phrase that describes what you have learned. Regularly recalling these words/phrases throughout the course and remember that the more creative they are, the more memorable they will be!



TIP 8 – PRACTICE FOR YOUR EXAM

Candidates should take past papers as part of their revision. This is the best way to assess the types of questions that you will come across and how well you can answer them. The practice papers can also help highlight areas where you may need to concentrate your revision. Taking a mock exam is also recommended, as this will give you a concept of how long you will have to answer each question during the exam and will make coping with the pressure easier.

BSG hold a mock exam day for the NGC1 and NCC1 papers under exam conditions. BSG's expert tutors will then mark and provide written feedback.

Click here to view example [question paper and Examiners' feedback on expected answers for NGC1](#)

Click here to view example [question paper and Examiners' feedback on expected answers for NCC1](#)

If you want to buy more past NEBOSH exam papers and examiners feedback reports, click [here](#).



TIP 9 – PREPARE FOR YOUR EXAM

Do not leave preparing for your exam to the last minute, save yourself some stress and have a few pens and a watch packed in a bag ready to go. Double-check your exam date, time and location. Plan your route, ensuring you allow enough time for travel and arrive at least 15 minutes before the start of the exam.

TIP 10 – ANSWER THE CORRECT QUESTION

NEBOSH Examiners' Reports have highlighted that it is not uncommon for candidates to fail to answer the question set and instead provide information that may be relevant to the topic but is irrelevant to the question. Marks cannot be awarded in these circumstances. Ensure that you read the question carefully and re-read it until you are certain you understand what is being asked.

Breakdown each question:

- What is the command word (in bold)?
- What aspects of the topic are you being asked to consider?
- How many parts are there to the question?

Make it clear to the examiner which questions you are answering, number them properly and separate your answers into different sub-sections of the question. Candidates could easily gain marks for the different sections if they clearly indicate which part of the question they are answering.

For more information on taking your NEBOSH National Construction Certificate please visit our www.bsgltd.co.uk



PASSING YOUR NEBOSH - BSG'S TOP 10 TIPS CONTINUED...

ABOUT BSG'S NEBOSH COURSE

A NEBOSH National Construction Certificate provides practical skills to ensure that safe practices are maintained and that individuals become far more safety conscious moving forward. The certificate covers the general health and safety issues within the construction industry, while also placing emphasis on the specific construction issues that make the industry one of the most dangerous in which to work. The benefit is not only about having a safe working environment but the certificate can also help improve efficiency and productivity. Obtaining a NEBOSH Construction Certificate offers a wide range of benefits.

EMPLOYERS ASK FOR NEBOSH

Nearly nine in ten employers (87%) ask for a NEBOSH qualification when recruiting to a health and safety position, according to the latest research.

In a recent review of 100 health, safety, environmental, fire and CDM vacancies, 87 adverts asked for applicants to hold a NEBOSH qualification.

The NEBOSH General Certificate – the 'go to' foundation qualification for people aspiring to a career in health and safety – was the most popular requirement. It was closely followed by NEBOSH's practitioner-level Diploma and the NEBOSH Certificate in Construction Health and Safety.

Of those vacancies that did not specify a NEBOSH qualification, 62% asked for membership of a professional body – such as IEMA and IOSH – for which a NEBOSH qualification can meet all or part of the membership criteria.

With vacancies ranging from SHE Coordinator and Health & Safety Adviser to Head of Health & Safety, the research illustrates how NEBOSH qualifications are considered to be indicators of competence at any stage of a practitioner's career.

Dee Arp, NEBOSH Director of Technical Standards, said "NEBOSH works closely with employers to develop qualifications that give learners the relevant skills they need to work in all kinds of workplaces. This research is a positive endorsement of the work we do in helping to develop competent practitioners that employers want and value; together we are keeping our friends, families and colleagues even safer when they go to work each day." Source: [Josh Magazine](#)

The Building Safety Group are an accredited and leading training provider of the NEBOSH National Certificate in Construction Health and Safety qualification.

Due to the specific nature of the course, not only will general health and safety issues be covered, but there will be more emphasis placed on specific construction issues that make the industry amongst the most dangerous in which to work.

WHO IS IT FOR?

Supervisors, managers and those with duties placed on them by the Construction Design Management Regulations (Principal Designers and Contractors) within the construction industry who are required to ensure that activities under their control are undertaken safely. The qualification is also appropriate for managers and supervisors working in other industries such as utilities, and even broadcasting, where temporary workplaces are a feature of their activities.

LENGTH OF STUDY?

Unit NGC1, Unit NCC1 and Unit NCC2 consisting of 18 elements are delivered over 16 days, including the practical assessment and examinations. A programme of study includes 106 taught hours and 58 hours of private study. We take this time to ensure a fantastic pass success rate – in fact, many students gain credits and distinctions.

BENEFITS OF COMPLETING THE CERTIFICATE

- You will gain extensive knowledge on health, safety and environmental issues in the workplace
- You can expand your knowledge on the principals of risk management
- You will learn how to develop your company's safety procedure and become competent in identifying and minimising hazards
- You will obtain the skills to help ensure your company adheres to all health and safety legislation
- The certificate can help benefit your career progression within your current company or it can help you become more employable with a qualification that is sought after by many employers.
- You can join a community of other individuals in your industry who have completed the certificate, where you can support, advise and discuss health and safety matters

PASSING YOUR NEBOSH - BSG'S TOP 10 TIPS CONTINUED...

BENEFITS FOR THE EMPLOYER

It will help you create a safe working environment

From the perspective of an employer, having a safe workplace is crucial for your company's success. Not only does it protect people from injury but also in the most serious situations, loss of life.

The NEBOSH certificate equips candidates with relevant real-life situations and skills, an in-depth understanding of the law and regulations that govern health and safety, how to carry out risk assessments, using first aid in the workplace and how to perform audits. This provides candidates with the knowledge and confidence to be able to identify and minimise risks in the workplace, reducing the number of accidents and injury that occur at work.

It will bring assurance

Employers who have staff that are NEBOSH qualified show a commitment to health and safety. The NEBOSH qualifications provide assurance of safety for everyone in the workplace, which can help employees achieve recognised standards and win new business.

Gain a positive return on investment

A NEBOSH certificate delivers a practical set of real-life skills that bring real value to the modern global workplace. A safe workplace is necessary for enhancing efficiency and productivity, both of which are key values for a successful company. Efficient and productive employees can increase prospects for a company.

In addition, this can make significant cost saving by minimising the cost of accidents, prosecutions and absenteeism.

It will help create an effective management

Managers and supervisors will develop a good grasp of risk management and other key issues by completing the certificate, allowing companies to develop and ingrain an effective safety culture. A structured health and safety management plan that integrates a globally recognised framework, such as NEBOSH, is one of the most efficient ways to ensure the future growth and success of your company.

Owners or managers of smaller consultancy companies will find this qualification helps them to meet the requirements of clients and principal contractors when working on other people's premises or sites.

BSG offer in-company courses that can allow the inclusion of materials specifically relevant to your company's workplaces.

You can build a great reputation for safety

By employers and employees taking a NEBOSH certificate, the company is showcasing their commitment to promoting a safe place of work and responsibility for the community and environment. A brilliant track record of few to no accidents and incidents will boost your company's credibility, earning recognition and respect from industry peers, enhancing your company's reputation.

BSG'S TRAINING MANAGER, STEVE BECKWITH COMMENTS:

"Health and safety knowledge is a key requisite for anyone who works within major hazard industries and the NEBOSH qualifications are viewed as a gold standard within the construction industry, helping to define competencies needed by employers for health and safety. Employers are provided with reassurance when employees' skills are benchmarked against a national and industry relevant standard, while employees gain key knowledge as well as confidence from a recognised qualification."



Steve Beckwith
BSG Training Manager

2020 COURSE DATES

| | |
|-------------------------------|-----------------------------------|
| One day a week: | 26 Aug |
| 19, 20 Feb | 2, 9, 16, 23, 30 Sep |
| 4, 11, 18, 25 Mar | 7, 14, 21, 28 Oct |
| 1, 8, 15, 22, 29 Apr | 4, 11, 18, 25 Nov |
| 6, 13, 20, 27 May | 2 Dec |
| Exam date: 3 June 2020 | Exam date: 9 December 2020 |

COURSE FEES

BSG Member – £1400+VAT

Non-Member – £1690+VAT

Course costs include NEBOSH course fees, 16 days of classroom study including one practical assessment, two examinations, certification, lunch and refreshments.

Fee quoted for members' rates includes a minimum 15% discount.

Please note: Both examinations will take place on the final day of the course.

COURSE VENUE

Our NEBOSH courses are held at our training centre in Bristol.

Visit our training venues page to find travel information for all of our course venues.

HOW TO BOOK

Book your place by calling our training services team on 0300 304 9080 or email training@bsgltd.co.uk with your enquiry.

NEW DATES FOR BSG'S OCCUPATIONAL HEALTH TRAINING PROGRAMME

BSG's Occupational Health Training Programme has been developed to help ensure construction companies become and remain compliant with UK legislation.

Our one day course is specifically tailored for senior management and professionals who are responsible for the Occupational Health of their workforce. The course may also be beneficial for people working in HR or Administrative roles, who become involved in collecting Occupational Health data about employees.

During the course, BSG's expert trainer will take you through our Occupational Health procedure guide step by step, so that the guide can be applied to your business.

WHAT YOU WILL LEARN

By attending BSG's course you will be able to:

- Understand your legal duties and responsibilities for the Occupational Health of your workforce
- Identify who in your company is at risk by creating an 'Occupational Health Matrix' of your employees
- Learn how to set up a Health Management programme that will evaluate the existing health conditions in your business
- Make recommendations for changes to your procurement procedures and supply chain
- Learn the best way to initiate a group consultation with your workforce to explain the importance of Occupational Health
- Develop your own health support mechanism by applying BSG's toolkit which includes self-assessment questionnaires, consultation feedback forms and toolbox talks
- Use BSG's Occupational Health procedure guide for your company
- Use the correct Health Surveillance forms for your workforce
- Select an appropriate Occupational Health provider which is best suited to your business
- Learn how to easily create your own Operative Occupational Health Database
- Use our Stress Management Indicator Tool

COURSE MATERIALS

The following course materials will be provided to all participants:

- BSG Occupational Health Procedure Guide
- Occupational Health matrix which can be customised for your business
- Self-assessment questionnaires for distribution to your workforce (supplied in MS Word)
- Health Surveillance form templates
- Consultation feedback form templates for your staff to complete
- BSG Course PowerPoint for future reference
- Contact details of local Occupational Health Practitioners, appropriate for your company

*All course materials are provided in hard copy and/or electronic format in MS Word or Excel format

COURSE FEES

BSG Members:
£420 + VAT

Non Members:
£515 + VAT

Course fees include all course materials as above, certification and lunch.

COURSE DATES FOR 2020

- 24th January 2020 (Bristol)
- 5th March 2020 (Bristol)
- 15th June 2020 (Bristol)
- 1st October 2020 (Bristol)
- 12th November 2020 (Bristol)

GROUP BOOKINGS

We can run this course at your organisation. If you have a group of 6 or more employees requiring training, we can run this course on a private basis, at a venue of your choice on a date that suits you.

We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

HOW TO BOOK

Book your place by calling our training services team: Tel: 0300 304 9080
Email: training@BSGfhd.co.uk

OCCUPATIONAL HEALTH: FACTS AND FIGURES

Ill health

HSE estimates that there are 1.2 million cases of ill health annually, caused or made worse by work, with 22.3 million working days lost due to work-related illness.

Stress, depression or anxiety and musculoskeletal disorders accounted for the majority of days lost due to work-related ill health, 9.9 and 9.5 million days respectively.



Around 80% of new work-related conditions were either musculoskeletal disorders, stress, depression or anxiety.

Cost

27.3 million working days are lost annually due to work-related injury and illness. The cost to British employers of health and safety failure was estimated to be £2.8 billion in 2013/14.

Penalties

Those found guilty in a magistrate's court of health and safety offences can face fines of up to £20,000 and/or up to 12 months imprisonment. Conviction in a Crown Court can result in an unlimited fine and/or a period of imprisonment of up to two years.



CONSTRUCTION WORKERS DETAINED IN CITB, POLICE AND HOME OFFICE COUNTER-FRAUD OPERATIONS



Seven construction workers were detained on suspicion of working in Britain illegally during unannounced counter-fraud visits by CITB, police and the Home Office.

Three other men involved in the delivery of CITB tests were also arrested for Fraud Act offences.

CITB audits of health, safety and environment (HS&E) test centres in Cheshire, Essex and London in recent weeks found staff giving the answers to candidates, some of whom are believed to be working in the country illegally.

At the Cheshire centre a staff member admitted helping candidates choose correct answers, while a considerable amount of cash was found without a plausible explanation.

A candidate was also detained and bailed on suspicion of being in the country illegally. In Essex, staff members admitted being supplied with a large number of candidates, many of whom the administrators were paid to give the right answers to during the test.

Candidates admitted paying up to £500 to take the £21 HS&E test. Six candidates were suspected of being in the country illegally and were detained, while the centre was suspended from carrying out further tests.

In London, the Metropolitan Police, supported by CITB investigators, arrested a man suspected of facilitating corrupt tests for other candidates. A quantity of fake documentation and card making equipment was seized from a number of locations. The man has been released under investigation pending further enquiries.

CITB will now review just over 2,500 tests conducted by these centres in the past year and then decide whether or not to revoke them.

Ian Sidney, CITB Fraud Manager, said: “CITB has considerable experience in auditing test centres all over the country, and works with the Home Office, police and other law enforcement agencies where necessary on behalf of the construction industry to ensure a safe working environment for all.

“If anyone has information about fraudulent testing within construction they can contact CITB anonymously on report.it@citb.co.uk”

Organised crime can earn £50,000 per week through illegal immigration and modern slavery networks, with far less risk than drug or gun crime. For example, during an unrelated joint visit by police with CITB earlier this year, half a million pounds in assets were seized.

Some workers arrive in the UK legally but are duped into thinking that the cards or qualifications they require are impossible to obtain and that expensive counterfeit versions are their only option. There are also those who are trafficked illegally, with fraudulent cards in a package awaiting them on arrival, and they are made to believe they remain in debt indefinitely to a gangmaster.

So far in 2019 CITB has terminated 17 test centres involved in delivery of fraudulent tests or CITB qualifications.

CITB supports the police and the Home Office concerning fraudulent card use, which has been found to be involved in cases of illegal immigration and modern slavery; CITB recently assisted during an operation at Battersea Power Station.

Source: [CITB](#)

HOW TO TELL A FRAUDULENT CONSTRUCTION SCHEME CARD

Fraudsters on construction sites present a danger to themselves and others. In order for construction sites to remain safe, all workers should have sufficient qualifications and training for the type of work they carry out. A worker holding a fake CSCS card does not have the correct qualifications for their job and therefore cannot demonstrate the required level of health and safety knowledge needed to operate safely on the work site. Thorough card checks need to be a pre-requisite before allowing workers on to a work site and employers must ensure that workers have the correct qualifications before they commence work.

HOW TO CHECK WHETHER YOU HAVE A VALID CARD AND QUALIFIED WORKER FOR YOUR WORK SITE

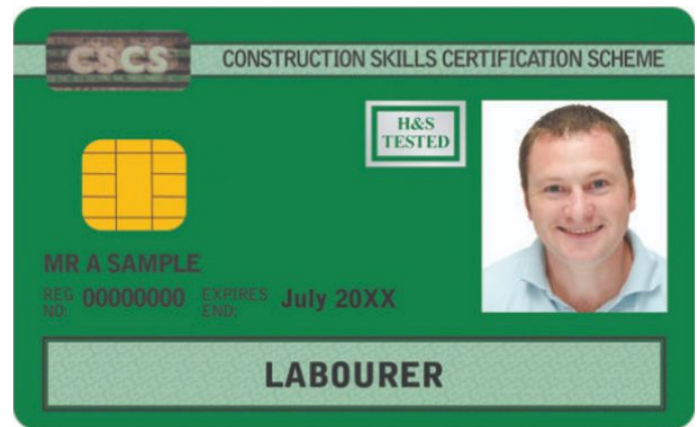
There are usually a number of security features built into a construction scheme card.

In a genuine CSCS card, it will have:

- A CSCS hologram in the top left-hand corner
 - If you move the card slightly you will see the words 'Construction Skill Certification Scheme' in the reflective part
- A photo of the person on the right hand side of the card
 - The photo should have a good likeness of the person before you
- The card holder's name printed below the CSCS hologram.
 - Does the name match the person holding the card and seem legitimate? If not, questions should be raised
- The card holder's registration number printed below their name along with the card's expiry date.
- The registration number is repeated on the back of the card
- A small silver 'HS&E Tested' logo in a silver coloured box next to the ID photo or a gold coloured 'HS&E Tested' logo in a gold coloured box next to the ID photo
- The card colour going right to the edge of the card
 - Some forgeries have what appears to be a white edge to the front of the card
- Printing and colours which are sharp and clear
 - Many forgeries have spelling mistakes or blurred or dull printing.

To find out more about how to tell a genuine CSCS card from a fraudulent one, visit the CSCS website.

A cost effective way to check whether the card is a fake is by using the online Card Checker that enables you to search and view card and test details for individuals for scheme memberships and tests administered by CITB. It is quick, easy to use, does not require a login and you can even see cards that have expired. CITB Online Card Checker: <https://www.citb.co.uk/courses-and-qualifications/check-a-card-training-record/Online-Card-Checker/>



WHAT TO DO WITH A POSSIBLE FRAUDULENT CARD

If you suspect a worker of using a fraudulent card to work or enter a construction site:

- Retain the card if possible
- Make photocopies of front and back of the card
- Record cardholder's name and address
- Ask the cardholder where the card was obtained from
- Call the local police and report the matter
- Refuse the worker access to the site (subject to company rules)

IF IT IS A SUSPECTED FRAUDULENT CSCS CARD:

Send copies of all evidence, marked "SUSPECTED FRAUDULENT CARD" with crime reference number given by the local police to:

Operations Team
CSCS Ltd
The Building Centre
26 Store Street
London
WC1E 7BT

Inform CITB by post, marking it for the attention of the Fraud Investigator, or email report.it@citb.co.uk making sure to include:

- A copy of all evidence
- The crime number given by the local police.

CITB and CSCS will fully support any prosecution with technical and factual evidence.

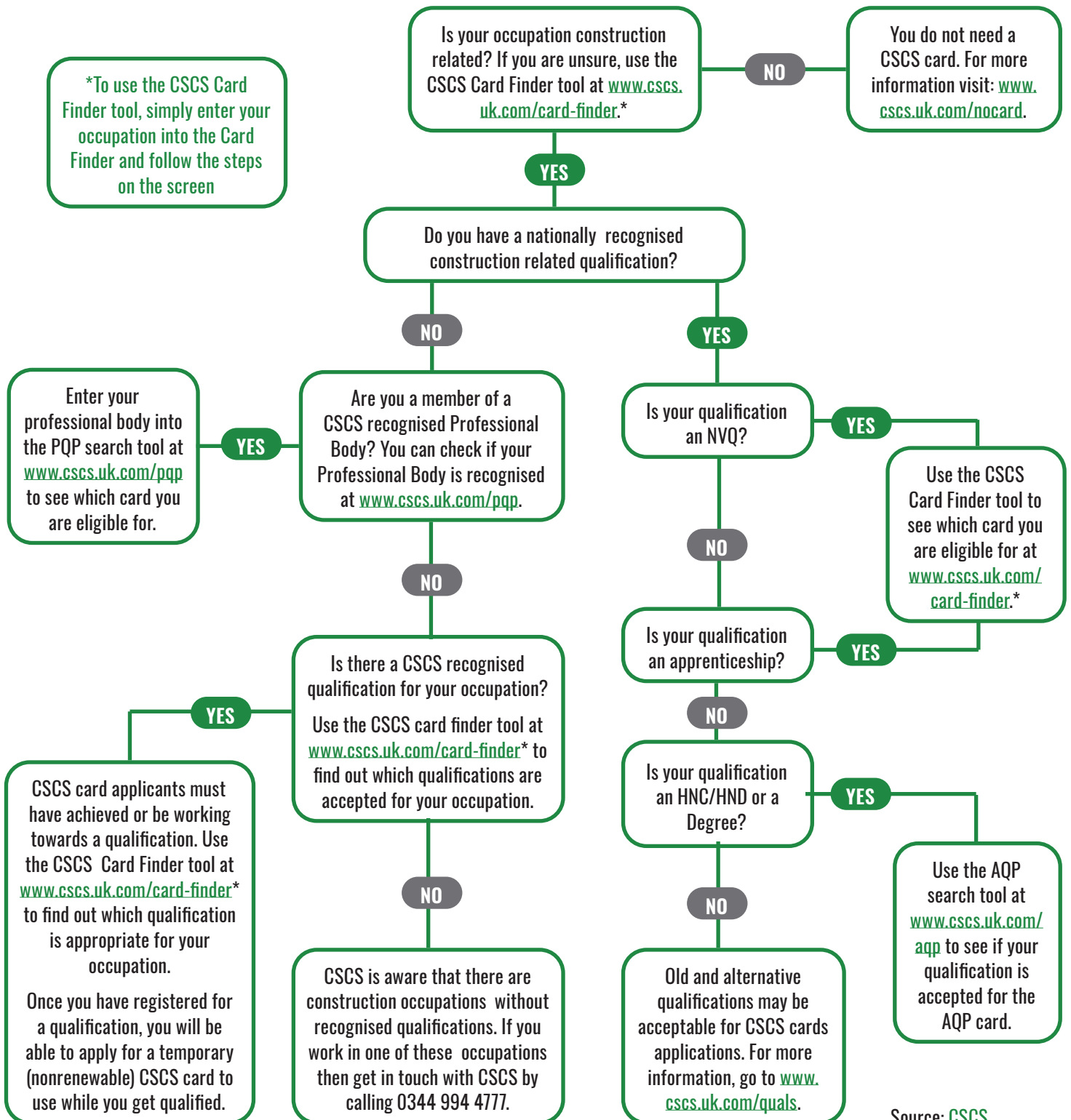


VISITOR CARD WITHDRAWAL

CSCS has consulted with the industry and agreed a plan that will pave the way for the eventual withdrawal of the Construction Site Visitor card. All Construction Site Visitor cards issued from 3rd September 2018 will expire on 31st August 2020 and are non-renewable. CSCS will stop issuing the card from 28th February 2020.

For the avoidance of doubt, all Construction Site Visitor cards issued before 3rd September 2018 will remain valid until their expiry date. Visitor card holders who do not take the necessary steps to replace their cards will find they will be unable to obtain another CSCS card.

CSCS is encouraging Construction Site Visitor cardholders to take the necessary steps to replace their cards before they expire. Please use the guide below to confirm the steps you need to take to replace your card. Please ensure that you have passed the appropriate CITB Health, safety and environment test before making an application.



Source: CSCS

EXPERIENCED PLANT OPERATORS FACE INTERVIEWS TO KEEP SKILLS CARDS

Experienced plant operators will need to pass a 'Competence Interview' to keep their skills cards earned under Grandfather Rights.

The new initiative means up to 50,000 operators will not have to sit formal qualifications to keep their Construction Plant Competence Scheme (CPCS) blue cards.

Operators will have to pay up to £160 to undertake a competence interview – which is much lower than the cost of taking vocational qualifications.

The interview initiative has been launched by training body NOCN who own the CPCS.

It follows an industry-wide drive by the Construction Leadership Council to ensure all skills cards are backed-up by relevant qualifications by 2024 and carry the Construction Skills Certification Scheme logo.

Graham Hasting-Evans, Managing Director of NOCN Group said: *"The CLC's objective is to drive industry improvement and its requirement that every blue cardholder must have a nationally recognised qualification to match the categories on their card at VQ Level 2 is behind this withdrawal of cards issued through Grandfather Rights."*

"As the leading Construction NVQ Awarding Organisation, we are able to quality assure this Competence Interview to the same level of as that expected of a Regulated Qualification, allowing operators to continue to work on-site with a renewal deadline of 2024."

Passing the Competence Interview will allow existing blue card holders to continue working on-site from 2025 without the need to either switch to a red 'Trained Operator' card or complete a Level 2 Qualification.

The Competence Interview can be undertaken at any CPCS Test Centre for a maximum fee of £160.



SMSTS REFRESHER COURSE, TIME TO RENEW YOUR QUALIFICATION?

The Building Safety Group is an accredited and leading training provider of the two-day [CITB Site Management Safety Training Scheme Refresher](#). The two-day refresher course will enable current SMSTS certificate holders to renew their qualification. The course can only be attended by those who have passed the five-day course and provided evidence.

Refresher courses are intended to update candidates' knowledge with changes in legislation



and working practices, as well as refreshing their memories with any of the information taught previously which they have since forgotten. Courses such as the First Aid at Work Re-qualification and CITB SMSTS and SSSTS Refresher courses are examples of this.

WHO IS IT FOR?

This two-day refresher course is for delegates who have previously passed the full five-day (SMSTS) course and can provide proof of attendance. The five-day qualification expires after 5 years, but it is recommended by the CITB that you should refresh after 3 years due to ongoing legislation changes.

In 2015, the CITB changed its scheme rules, affecting all CITB courses requiring a refresher course. A refresher must be undertaken before the current certificate's expiry date. These courses include Site Management Safety Training Scheme (SMSTS) and Site Supervisor Safety Training Scheme (SSSTS).

It is the delegate/booker's responsibility to ensure that the existing certificate is within the new scheme rules before booking or sitting a refresher course. In the event the certificate has expired they will be required to attend the full five-day course again. All SMSTS certificates issued by the CITB after 1st January 2001 are valid for a five year period from the date of issue.

WHAT WILL YOU LEARN?

The aim of the two-day refresher course is to help delegates to improve their awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues.

By attending and completing this course you will be:

- Aware of and able to implement all updated health, safety, welfare and environmental legislation which affects you in your role as a manager
- Aware of and able to implement new guidance and industry of best practice
- More aware of your duties and responsibilities with regards to health, safety, welfare and the environment.

For more information please visit our [website](#) and to book your place please call our training services team: Tel: 0300 304 9080
Email: training@BSGlimited.co.uk.

BSG SCAFFOLD INSPECTION & APPRECIATION COURSE NAME CHANGE



BSG have changed our Scaffold Inspection and Appreciation course name to Basic Scaffold Inspection.

The two-day course is aimed at anyone who is responsible for carrying out statutory scaffold inspections on basic scaffolding structures in accordance with the Work at Height Regulations 2005 and scaffolders wishing to expand their knowledge of scaffold inspection.

On successful completion the student will be able to demonstrate the following:

- A sound knowledge of the legal obligations covering the provision and use of scaffolding
- The ability to identify scaffold components and know the reasons for their use
- A knowledge of standard scaffold structures, and where and when the requirements for calculations and design are triggered
- The techniques of scaffold inspection and the completion and recording of scaffold inspection reports

Successful completion of this course will enable the delegate to inspect the different types of scaffold that can be erected by a trainee or qualified scaffolder.

- Putlog Scaffold
- Independent Tied Scaffold
- Static Tower Scaffolds
- Birdcage Scaffolds
- TG20 Stair Access
- Bridging with Prefabricated Beams

- Protection Fans
- Truss-Out Scaffolds
- Pavement Gantry
- Loading Bay
- Roof Saddle
- Splay Scaffold
- Edge Protection

UPCOMING COURSE DATES INCLUDE:

- | | |
|--------------------|--------------------|
| • 16 & 17 Jan 2020 | • 16 & 17 Mar 2020 |
| • 28 & 29 Jan 2020 | • 26 & 27 Mar 2020 |
| • 11 & 12 Feb 2020 | • 2 & 3 Apr 2020 |
| • 24 & 25 Feb 2020 | • 27 & 28 Apr 2020 |
| • 2 & 3 Mar 2020 | |

2020 COURSE FEES

BSG Member – £225+VAT per delegate

Non-Member – £265+VAT per delegate

Course fees include course materials, certification and lunch. Fee quoted for members' rates includes a minimum 15% discount.

Our Basic Scaffold Inspection course is CPD accredited. Completion of this course entitles you to accrue points or hours towards your personal annual CPD target.

For more information please contact our training department:
training@bsgltd.co.uk

CHRISTMAS & NEW YEAR HOLIDAY 2019/20

The Building Safety Group's office in Bristol be closed from:

5:00 p.m. Friday 20th December 2019

and will re-open at:

8:30 a.m. Thursday 2nd January 2020

in case of an EMERGENCY ONLY, please contact:

Paul Kimpton 07824 613286
21st December - 26th December 2019

Steve Beckwith 07810 886758
27th December - 1st January 2020



BSG MENTAL HEALTH AWARENESS COURSE

BSG's Mental Health Awareness one day course provides delegates with the knowledge, confidence and ability to identify and support colleagues experiencing mental health issues. And importantly, direct them to suitable professional and non-professional sources of help.

By the end of this course, BSG students will be able to:

- Spot the early signs of a mental health problem
- Feel confident offering help to someone experiencing a problem
- Provide help on a first aid basis
- Help prevent someone from hurting themselves and others
- Help to stop a mental health problem from getting worse
- Help someone recover faster
- Guide someone towards the right support
- Reduce the stigma of mental health problems
- Gain an understanding of stress and its causes
- Appreciate causes of phobias and how you can manage them
- Understand the common triggers of poor mental health
- The importance of creating a Wellbeing Action Plan at work
- Become aware of the options for external mental health management

COURSE FEES

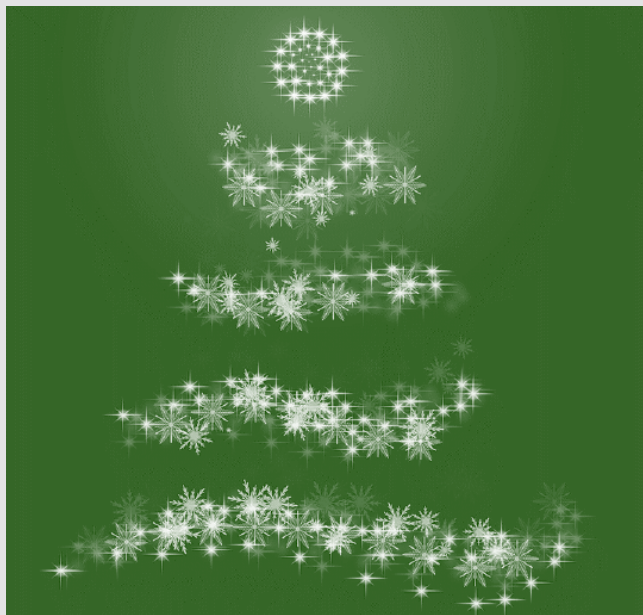
BSG Member: £80 + VAT per delegate

Non-Member: £105 + VAT per delegate

Please call our office for confirmation of course dates:
Tel 0300 304 9080 or visit our website: www.bsgltd.co.uk

GROUP BOOKINGS

If you have a group of 6 or more employees requiring training, we can run a Mental Health Awareness course on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements.



WE WISH TO TAKE THIS OPPORTUNITY OF WISHING YOU AND YOUR STAFF ALL THE GREETINGS OF THE SEASON.

CITB CERTIFICATE EXPIRY

A reminder that for the CITB Site Safety Plus scheme, the refresher course must be attended before the certificate expires. Failure to do this will result in the delegate being required to complete the full course again.

For any queries in relation to this, please contact the training team on 0300 304 9080.





MEET THE TRAINING TEAM

T: 0300 304 9080 E: training@bsgltd.co.uk



Steve Beckwith, Training Manager
SteveB@bsgltd.co.uk



Chris Cooksley, Trainer
Chris.Cooksley@bsgltd.co.uk



Paul Mackley, Trainer
PMackley@BSGlttd.co.uk



Lucy Halliday, Training Co-ordinator
Training@bsgltd.co.uk



Catherine Dyke, Training Admin Team Leader
Training@bsgltd.co.uk



Caroline Phipps, Training Co-ordinator
Training@bsgltd.co.uk

BSG TRAINING VENUES



BSG SOUTH WEST TRAINING CENTRE, BRISTOL
BSG South West Training Centre
5 Pinkers Court, Briarlands Office Park,
Gloucester Road, Rudgeway,
Bristol BS35 3QH
T: 0300 304 9080



BUCKERELL LODGE HOTEL, EXETER
Topsham Rd,
Exeter EX2 4SQ



TRAINING NEWS

Training courses starting soon...

Site Supervisors Safety Training Scheme (2 days)

Bristol

- 16 & 17 Dec 2019

Exeter

- 15 & 16 Dec 2019

CITB Health and Safety Awareness (1 day)

Bristol

- 16 Dec 2019
- 9 Jan 2020

Site Management Safety Training Scheme (SMSTS)

Bristol

- 7, 14, 21, 28 Jan & 4 Feb 2020
- 20, 21, 22, 23 & 24 Jan 2020

Emergency First Aid at Work (1 day)

Bristol

- 9 Jan 2020

Site Management Safety Training Scheme Refresher (2 days)

Bristol

Exeter

- 10 & 17 Jan 2020
- 22 & 23 Jan 2020

Basic Scaffold Inspection (2 days)

Bristol

- 16 & 17 Jan 2020
- 28 & 29 Jan 2020



First Aid at Work (3 days)

Bristol

- 20, 21 & 22 Jan 2020

Non Licensed Asbestos Work (1 day)

Bristol

- 29 Jan 2020

Site Environmental Awareness Training Scheme (1 day)

Bristol

- 29 Jan 2020

Site Supervisor Safety Training Scheme (1 day)

Bristol

- 30 Jan 2020

CDM Awareness 2015 (1 day)

Bristol

- 31 Jan 2020

Portable Appliance Testing (PAT) (1 day)

Bristol

- 20 Feb 2020

