



The Building Safety Group



Training@BSG Ltd.co.uk



0300 304 9080



Your partners in  
health, safety and  
environmental  
welfare

## Occupational Health Training Programme

The Building Safety Group's (BSG) Occupational Health training programme has been developed to help ensure construction companies become and remain compliant with UK legislation.

Our one-day course is specifically tailored for senior management and professionals who are responsible for the occupational health of their workforce. The course will also be beneficial for people working in HR or Administrative roles, who become involved in collecting Occupational Health data about employees.

During the course, BSG's expert trainer will take you through our Occupational Health procedure guide step by step, so that the guide can be directly applied to your business.

### What we offer

- Occupational Health Services
- Regular Site Inspections
- Site Inspection Reports
- Non-Compliance Reporting
- Accident Reporting
- CDM Compliancy
- Risk Management Tools
- Annual Health Check
- Accident Investigation
- Training Courses
- SSIP Assistance
- Member Helpline
- Toolbox Talks
- Fire Risk Assessments
- Health and Safety Audits
- Annual Office Inspections
- Environmental advice
- UK Coverage
- Online Accident Statistics
- Dedicated Safety Advisers

## What will you learn?

By attending BSG's course you will be able to;

- Understand your legal duties and responsibilities for the Occupational Health of your workforce
- Identify who in your company is at risk by creating an 'Occupational Health Matrix' of your employees
- Learn how to set up a Health Management programme that will evaluate the existing health conditions in your business
- Make recommendations for changes to your procurement procedures and supply chain
- Learn the best way to initiate a group consultation with your workforce to explain the importance of Occupational Health
- Develop your own Health support mechanism by applying BSG's toolkit which includes self-assessment questionnaires, consultation feedback forms and tool box talks
- Use BSG's Occupational Health procedure guide for your company
- Use the correct Health Surveillance forms for your workforce
- Select an appropriate Occupational Health provider which is best suited to your business
- Learn how to create your own Operative Occupational Health Database
- Use our Stress Management Indicator Tool



## Course Materials

The following course materials will be provided to all participants:

- BSG Occupational Health Procedure Guide
- Occupational Health matrix which can be customised for your business
- Self-assessment questionnaires for distribution to your workforce
- Health Surveillance form templates
- Consultation feedback form templates for your staff to complete
- BSG Occupational Health Course PowerPoint for future reference
- Contact details of local Occupational Health Practitioners, appropriate for your company

\* all course materials are provided in hard copy and/or electronic MS Office format.

## Group bookings

BSG can run this course at your organisation. If you have a group of 6 or more employees requiring training, we can run this course on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your specific needs and requirements. Contact us to find out more and get a bespoke quote.

# Occupational Health: Facts and figures

## Ill health

HSE estimates that there are 1.2 million cases of ill health annually, caused or made worse by work, with 22.3 million working days lost due to work-related illness.

Stress, depression or anxiety, and musculoskeletal disorders accounted for the majority of days lost due to work-related ill health, 9.9 and 9.5 million days respectively.

Around 80% of new work-related conditions were either musculoskeletal disorders, stress, depression, or anxiety.

## Cost

27.3 million working days are lost annually due to work-related injury and illness. The cost to British employers of health and safety failure was estimated to be £2.8 billion in 2013/14.

## Penalties

Those found guilty in a magistrate's court of health and safety offences can face fines of up to £20,000 and/or up to 12 months imprisonment. Conviction in a Crown Court can result in an unlimited fine and/or a period of imprisonment of up to two years.



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## About BSG

The Building Safety Group (BSG) is a not-for-profit organisation which specialises in providing Health, Safety and Environmental consultancy and training for the construction industry. BSG has over 800 members operating across 3500 workplaces throughout the UK.

We conduct over 20,000 site inspections every year and train more than 10,000 construction workers.

## What our clients say about us

*"Excellent Instruction and very clearly conveyed."*

**Southside Scaffolding Limited**

*"BSG are clearly experts in Health and Safety training for the construction industry."*

**CTS**

*"As I was pretty new to the role, my knowledge was limited but after taking the BSG course I feel very confident I will be able to positively move on in my position. I have learnt a massive amount."*

**Prodeck Fixing Ltd**

*"I learnt a lot about disciplines I previously knew nothing about. Learnt new regs and reinforced my previous knowledge."*

**Mirage Interiors**

## Need a course at your organisation?

If you have a group of 6 or more employees requiring training, we can run courses on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

## How to book

Book your place by calling our Training Services Team on 0300 304 9080 or email [Training@BSG Ltd.co.uk](mailto:Training@BSG Ltd.co.uk) with your enquiry.

## Course Rates

At your premises	Rate	At BSG Training Centre	Rate
BSG Members	£425+VAT* per delegate	BSG Members	£450+VAT* per delegate
Non- Members	£510+VAT* per delegate	Non- Members	£540+VAT* per delegate

Course fees include course materials and lunch. Fee quoted for members' rates includes 20% discount.

\*Plus mileage and overnight accommodation if necessary.



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