



Your partners in health, safety and environmental welfare

## CITB Site Supervisor Safety Training Scheme (SSSTS) (2 days)

The supervisors safety training scheme is a requirement for all supervisors who will be working on their sites, as set out by the major contractors group.

This course meets the standards set by BUILD UK – any site with more than 2 construction workers should hold SSSTS certification. This course also prepares candidates for the Site Management Safety Training Scheme.

### Who is it for?

This course is aimed at first line managers, foreman, gangers, team leaders, supervisors and those who have, or are about to acquire supervisory responsibilities. It provides an introduction to health, safety, welfare and environmental issues, and legal responsibilities relevant to their work.



### What we offer

- Occupational Health Services
- Regular Site Inspections
- Site Inspection Reports
- Non-Compliance Reporting
- Accident Reporting
- CDM Compliancy
- Risk Management Tools
- Annual Health Check
- Accident Investigation
- Training Courses
- SSIP Assistance
- Member Helpline
- Toolbox Talks
- Fire Risk Assessments
- Health and Safety Audits
- Annual Office Inspections
- Environmental advice
- UK Coverage
- Online Accident Statistics
- Dedicated Safety Advisers

## What you will learn

The aim of the course is to help delegates to improve their awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues.

By attending and completing this course you will:

- Understand the problems of the industry
- Have an understanding of how health and safety law is structured and how it applies to supervisors
- identify how their supervisory role fits in with the management structure in controlling the site safely
- carry out risk assessments and understand the need for method statements
- carry out effective site inductions, toolbox talks and method statement briefings
- be able to monitor site activities effectively.



Successful candidates can go on to complete the 5 day site managers safety training scheme (SMSTS) course designed for site managers and supervisors.

## Course Dates 2024

Classroom based at BSG Bristol training venue:

- |               |               |
|---------------|---------------|
| • 16 & 17 Jan | • 5 & 6 Aug   |
| • 1 & 2 Feb   | • 23 & 24 Sep |
| • 11 & 12 Mar | • 28 & 29 Oct |
| • 11 & 12 Apr | • 11 & 12 Nov |
| • 8 & 9 May   | • 12 & 13 Dec |
| • 3 & 4 Jun   |               |
| • 10 & 11 Jul |               |

Remote learning:

- |               |               |
|---------------|---------------|
| • 5 & 6 Mar   | • 20 & 21 Nov |
| • 22 & 23 Jul |               |
| • 3 & 4 Sep   |               |

## Remote learning requirements

This course will be run using the Zoom platform. Minimum requirements:

- Clear video and audio quality, to clearly see and hear the course content from your trainer.
- Download Zoom onto your computer or smartphone.
- Must be able to have a two-way communication, to ensure that courses remain interactive for you to ask questions.
- Must have a webcam, to provide evidence of identity and always be visible throughout the duration.
- A microphone is needed, to participate during the course and answer all examination questions.
- For all courses you will need at least two of the following so that you can be visible whilst completing the online end course exam – smart phone, laptop, tablet/iPad, desktop computer.
- Delegates working in the same room must follow social distancing guidelines
- Use the following link for course joining instructions:  
<https://support.zoom.us/hc/en-us/articles/206175806>

## Course content

- Registration and Coffee
- Introduction, GE706
- Health and Safety Law, Acts and Regulations, Codes of Practice, HSE and enforcement, Safety policies communication and consultation
- Developing a Health and Safety Management System – Audit and reviews, proactive and reactive monitoring
- Occupational Health, Noise, Dust and Vibration, Dermatitis, Asbestos, drugs and alcohol, health surveillance
- Fire prevention, joint code of practice, managing risk, HFL's and LPG's, Extinguishers
- Risk Assessment and Method Statements – terminology, controls, young persons
- Hazardous Substances, COSHH, Asbestos, Lead
- Group Exercise – Risk Assessment
- Group Presentations
- Review and issue homework
- Construction (Design and Management) regulations, duty holders, control systems
- Working at height – hierarchy of control, planning, selection of equipment.
- Personal Protective Equipment – selection and use requirement of the regulations
- Manual Handling – assessment, kinetic lifting
- Accidents on site, First Aid Regulations Accident Reporting (RIDDOR 95)
- Waste and Environmental Management
- Toolbox Talks, Induction, Communication
- Course examination and results
- Review of course and dispersal



## About BSG

The Building Safety Group (BSG) is a not-for-profit organisation which specialises in providing Health, Safety and Environmental consultancy and training for the construction industry. BSG has over 800 members operating across 3500 workplaces throughout the UK.

We conduct over 20,000 site inspections every year and train more than 10,000 construction workers.

## What our clients say about us

*"Excellent Instruction and very clearly conveyed."*

**Southside Scaffolding Limited**

*"BSG are clearly experts in Health and Safety training for the construction industry."*

**CTS**

*"As I was pretty new to the role, my knowledge was limited but after taking the BSG course I feel very confident I will be able to positively move on in my position. I have learnt a massive amount."*

**Prodeck Fixing Ltd**

*"I learnt a lot about disciplines I previously knew nothing about. Learnt new regs and reinforced my previous knowledge."*

**Mirage Interiors**

## Need a course at your organisation?

If you have a group of 10 or more employees requiring training, we can run courses on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

## How to book

Book your place by calling our Training Services Team on 0300 304 9080 or email [Training@BSGlimited.co.uk](mailto:Training@BSGlimited.co.uk) with your enquiry.

## Course Rates

| <b>Classroom</b> | <b>Rate</b> | <b>Remote</b> | <b>Rate</b> |
|------------------|-------------|---------------|-------------|
| BSG Members      | £310+VAT    | BSG Members   | £295+VAT    |
| Non- Members     | £390+VAT    | Non- Members  | £370+VAT    |

Course fees include CITB books, course materials and CITB certification.



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