



Your partners in  
health, safety and  
environmental  
welfare

## Working at Height (Half day)

This half-day course is to ensure that those attending are aware of:

- The hazards associated with Working at Height
- The legal duties placed on employers, employees, and self-employed persons
- What constitutes Working at Height

## What will you learn?

On successful completion the student will be able to demonstrate a sound knowledge of the following:

- The Working at Height Regulations 2005
- The hazards likely to be encountered when Working at Height
- The hierarchy of control when planning Working at Height
- Collective and personal Safety equipment used to ensure safety when Working at Height including the need for rescue plans
- The selection of the correct work equipment to facilitate safe Working at Height

## What we offer

Occupational Health Services  
Regular Site Inspections  
Site Inspection Reports  
Non-Compliance Reporting  
Accident Reporting  
CDM Compliancy  
Risk Management Tools  
Annual Health Check  
Accident Investigation  
Training Courses  
SSIP Assistance  
Member Helpline  
Toolbox Talks  
Fire Risk Assessments  
Health and Safety Audits  
Annual Office Inspections  
Environmental advice  
UK Coverage  
Online Accident Statistics  
Dedicated Safety Advisers

## Course programme

- Introduction and administration
- The Working at Height Regulations 2005
- The Cost of Accidents DVD
- Organising and planning work at height
- A Head for Heights DVD
- Risk assessment and the Hierarchy of Control - Avoid - Prevent - Minimise
- Suitable work equipment - Scaffolds, mobile towers, ladders, steps and rescue plans

## Course Dates 2024 (PM)

- 26 Jan
- 8 Apr
- 8 Oct
- 16 Feb
- 17 May
- 18 Dec
- 27 Mar
- 12 Jul

## About BSG

The Building Safety Group (BSG) is a not-for-profit organisation which specialises in providing Health, Safety and Environmental consultancy and training for the construction industry. BSG has over 800 members operating across 3500 workplaces throughout the UK. We conduct over 20,000 site inspections every year and train more than 10,000 construction workers.



## What our clients say about us

*"Excellent Instruction and very clearly conveyed."*

**Southside Scaffolding Limited**

*"BSG are clearly experts in Health and Safety training for the construction industry."*

**CTS**

*"As I was pretty new to the role, my knowledge was limited but after taking the BSG course I feel very confident I will be able to positively move on in my position. I have learnt a massive amount."*

**Prodeck Fixing Ltd**

*"I learnt a lot about disciplines I previously knew nothing about. Learnt new regs and reinforced my previous knowledge."*

**Mirage Interiors**

## Need a course at your organisation?

If you have a group of 6 or more employees requiring training, we can courses on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

## How to book

Book your place by calling our Training Services team on 0300 304 9080 or email [Training@BSGlimited.co.uk](mailto:Training@BSGlimited.co.uk) with your enquiry.

## Course Rates

### Open course bookings

BSG Members

Non- Members

### Rate

£90+VAT per delegate\*

£115+VAT per delegate\*

### Group bookings at your premises

BSG Members

Non- Members

### Rate

£495+VAT\*

£620+VAT\*

### Group bookings at BSG Training Centre

BSG Members

Non- Members

### Rate

£560+VAT\*

£700+VAT\*

Course fees include course materials and certification. \*Plus mileage and overnight accommodation if necessary. Max. 14 delegates per course.



**The Building Safety Group Ltd**  
5 Pinkers Court, Briarlands Office Park  
Gloucester Road, Rudgey, Bristol BS35 3QH  
[Enquiries@BSGlimited.co.uk](mailto:Enquiries@BSGlimited.co.uk) | [BSGlimited.co.uk](http://BSGlimited.co.uk) | 0300 304 9050