



The Building Safety Group



Training@BSG Ltd.co.uk



0300 304 9080



Your partners in  
health, safety and  
environmental  
welfare

## CITB Site Management Safety Training Scheme Refresher (SMSTS-R) (2 days)



All Site Management Safety Training Scheme (SMSTS) certificates issued after 1st January 2001 are valid for a five-year period from the date of issue. The two-day refresher course will enable current SMSTS certificate holders to renew their qualification. The course can only be attended by those who have passed the five-day course and provided evidence.

### Who is it for?

The refresher course is for delegates who have previously passed the full five-day (SMSTS) course and can provide proof of attendance and a valid certificate. The five day qualification expires after 5 years, but it is recommended by the CITB that you should refresh after 3 years due to ongoing legislation changes.

### What we offer

- Occupational Health Services
- Regular Site Inspections
- Site Inspection Reports
- Non-Compliance Reporting
- Accident Reporting
- CDM Compliancy
- Risk Management Tools
- Annual Health Check
- Accident Investigation
- Training Courses
- SSIP Assistance
- Member Helpline
- Toolbox Talks
- Health and Safety Audits
- Annual Office Inspections
- Environmental advice
- UK Coverage
- Online Accident Statistics
- Dedicated Safety Advisers

## What you will learn

The aim of the refresher course is to help delegates to improve their awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues.

By attending and completing this course you will be:

- Aware of, and able to implement all updated health, safety, welfare and environmental legislation which affects them in their role as a manager
- Aware of and able to implement new guidance and industry of best practice
- More aware of their duties and responsibilities with regards to health, safety, welfare and the environment.

## Course dates

Classroom based at BSG Bristol training venue:

- |                   |                   |                    |
|-------------------|-------------------|--------------------|
| • 14, 15 Jan 2026 | • 5, 6 May 2026   | • 20, 21 Aug 2026  |
| • 28, 29 Jan 2026 | • 18, 19 May 2026 | • 23, 24 Sept 2026 |
| • 11, 12 Feb 2026 | • 26, 27 May 2026 | • 8, 9 Oct 2026    |
| • 26, 27 Feb 2026 | • 8, 9 Jun 2026   | • 22, 23 Oct 2026  |
| • 11, 12 Mar 2026 | • 25, 26 Jun 2026 | • 9, 10 Nov 2026   |
| • 30, 31 Mar 2026 | • 13, 14 Jul 2026 | • 19, 20 Nov 2026  |
| • 23, 24 Apr 2026 | • 27, 28 Jul 2026 | • 10, 11 Dec 2026  |

Remote learning:

- |                   |                   |
|-------------------|-------------------|
| • 2, 3 Mar 2026   | • 12, 13 Oct 2026 |
| • 27, 28 Apr 2026 | • 25, 26 Nov 2026 |
| • 28, 29 Jul 2026 | • 14, 15 Dec 2026 |



# Remote Learning requirements

This course will be run using the Zoom platform. Minimum requirements:

- Clear video and audio quality, to clearly see and hear the course content from your trainer.
- Download Zoom onto your computer or smartphone.
- Must be able to have a two-way communication, to ensure that courses remain interactive for you to ask questions.
- Must have a webcam, to provide evidence of identity and always be visible throughout the duration.
- A microphone is needed, to participate during the course and answer all examination questions.
- You will need at least two of the following so that you can be visible whilst completing the online end course exam: smart phone, laptop, tablet/iPad, desktop computer.
- Delegates working in the same room must follow social distancing guidelines
- Use the following link for course joining instructions:  
<https://support.zoom.us/hc/en-us/articles/206175806>

## Qualification

On completion candidates will gain qualification/certification in Construction Skills Site Safety Plus certificate.

## Course content

- Course objectives
- HSE Targets and present focus
- Industry Best Practise and new legislation
- Work-related stress recognition, causes and information, and good management practice
- Risk assessment, employment of young people, The Working Time Directive, employing and working with non-English speaking personnel
- The Construction (Design & Management) Regulations, duties, responsibilities and new guidance
- Self-study work and toolbox talk homework
- Fire on construction sites, fire safety plans, fire risk assessments, and fire prevention.
- Environmental aspects of construction, the control of waste and its disposal, environmental policies
- Recent Health and Safety prosecutions, the law, and you
- Stress, time management, leadership, communication
- Examination
- Results, feedback, and course review

## About BSG

The Building Safety Group (BSG) is a not-for-profit organisation which specialises in providing Health, Safety and Environmental consultancy and training for the construction industry. BSG has over 800 members operating across 3500 workplaces throughout the UK.

We conduct over 15,000 site inspections every year and train more than 10,000 construction workers.

## What our clients say about us

*"Excellent Instruction and very clearly conveyed."*

**Southside Scaffolding Limited**

*"BSG are clearly experts in Health and Safety training for the construction industry."*

**CTS**

*"As I was pretty new to the role, my knowledge was limited but after taking the BSG course I feel very confident I will be able to positively move on in my position. I have learnt a massive amount."*

**Prodeck Fixing Ltd**

*"I learnt a lot about disciplines I previously knew nothing about. Learnt new regs and reinforced my previous knowledge."*

**Mirage Interiors**

## Need a course at your organisation?

If you have a group of employees requiring training, we can run courses on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

## How to book

Book your place by calling our Training Services Team on 0300 304 9080 or email [Training@BSG Ltd.co.uk](mailto:Training@BSG Ltd.co.uk) with your enquiry.

## Course Rates

Classroom	Rate	Remote learning	Rate
BSG Members	£310+VAT	BSG Members	£303+VAT
Non- Members	£390+VAT	Non- Members	£379+VAT

Course fees include course materials and CITB certification and lunch.



The Building Safety Group Ltd  
5 Pinkers Court, Briarlands Office Park  
Gloucester Road, Rudgeway, Bristol BS35 3QH  
[Enquiries@BSG Ltd.co.uk](mailto:Enquiries@BSG Ltd.co.uk) | [BSG Ltd.co.uk](http://BSG Ltd.co.uk) | 0300 304 9050