



The Building Safety Group



Training@BSG Ltd.co.uk



0300 304 9080



Your partners in
health, safety and
environmental
welfare

Emergency First Aid at Work (1 DAY)

This course is designed for those persons appointed to take charge of emergencies within the workplace. The course should be refreshed every year.

The course runs in accordance with the current First Aid Manual and is approved by the HSE.

What will you learn?

On successful completion the student will be able to:

- Summon the emergency services
- Provide basic First Aid treatment for both conscious and unconscious casualties
- State the contents of a First Aid Kit
- Conduct the necessary duties in the aftermath phase of an accident in the workplace

What we offer

Occupational Health Services
Regular Site Inspections
Site Inspection Reports
Non-Compliance Reporting
Accident Reporting
CDM Compliancy
Risk Management Tools
Annual Health Check
Accident Investigation
Training Courses
SSIP Assistance
Member Helpline
Toolbox Talks
Health and Safety Audits
Annual Office Inspections
Environmental advice
UK Coverage
Online Accident Statistics
Dedicated Safety Advisers

Course dates

- 7 Jan 2026
- 28 Jan 2026
- 18 Feb 2026
- 3 Mar 2026
- 17 Mar 2026
- 16 Apr 2026
- 28 Apr 2026
- 11 May 2026
- 3 Jun 2026
- 17 Jun 2026
- 7 Jul 2026
- 21 Jul 2026
- 5 Aug 2026
- 18 Aug 2026
- 17 Sep 2026
- 28 Sep 2026
- 16 Oct 2026
- 3 Nov 2026
- 19 Nov 2026
- 30 Nov 2026
- 22 Dec 2026

Course programme

- Course Admin and Students Introduction
- Summoning Emergency Services
- HSE Responsibilities
- Accident book
- First Aid kit
- Primary Survey - DRABC
- Dealing with Unconscious casualty
- Recovery position
- Resuscitation – respiratory arrest, CPR
- Use of Automated External Defibrillators (AED)
- Obstructed Airway & Choking
- Breathing disorders – Asthma, Anaphylactic shock
- Circulatory disorders – shock, angina, heart attack
- Bleeding, bandaging & dressings – standard, fist, embedded object
- Disorders of the skeleton – breaks, sprains, strains
- Miscellaneous medical conditions – seizures, diabetes, electric shock, eye injuries

About BSG

The Building Safety Group (BSG) is a not-for-profit organisation which specialises in providing Health, Safety and Environmental consultancy and training for the construction industry. BSG has over 800 members operating across 3500 workplaces throughout the UK. We conduct over 15,000 site inspections every year and train more than 10,000 construction workers.

Emergency First Aid at Work (1 Day)



HOW TO BOOK

Book your place by calling our Training Services team on 0300 304 9080 or email Training@BSG Ltd.co.uk with your enquiry.



What our clients say about us

"Excellent Instruction and very clearly conveyed."

Southside Scaffolding Limited

"BSG are clearly experts in Health and Safety training for the construction industry."

CTS

"As I was pretty new to the role, my knowledge was limited but after taking the BSG course I feel very confident I will be able to positively move on in my position. I have learnt a massive amount."

Prodeck Fixing Ltd

"I learnt a lot about disciplines I previously knew nothing about. Learnt new regs and reinforced my previous knowledge."

Mirage Interiors

Need a course at your organisation?

If you have a group of employees requiring training, we can run courses on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

How to book

Book your place by calling our Training Services Team on 0300 304 9080 or email Training@BSG Ltd.co.uk with your enquiry.

Course Rates

At BSG Training Centre

BSG Members

Rate

£90+VAT* per delegate

Non- Members

£120+VAT* per delegate

Group bookings at your premises

Rate

BSG Members

£605+VAT*

Non- Members

£755+VAT*

Group bookings at BSG Training Centre

Rate

BSG Members

£760+VAT*

Non- Members

£950+VAT*

*Course fees include course materials, certification and lunch.



The Building Safety Group Ltd
5 Pinkers Court, Briarlands Office Park
Gloucester Road, Rudgeway, Bristol BS35 3QH
Enquiries@BSG Ltd.co.uk | BSG Ltd.co.uk | 0300 304 9050