



The Building Safety Group



Training@BSG Ltd.co.uk



0300 304 9080



Your partners in
health, safety and
environmental
welfare

CITB Site Management Safety Training Scheme (SMSTS) (5 days)



The Site Management Safety Training Scheme (SMSTS) course is aimed at providing safety management training within the building, construction and civil engineering industries.

The course is designed for companies that need to meet the ever-increasing demand for evidence of sound health and safety on site. The course covers all relevant legislation and other aspects which can affect safe working.

Who is it for?

The course is suitable for a range of roles working within the construction industry including site managers, project managers, and supervisors as well as proprietors of small to medium-sized companies. Client-based personnel would also benefit from attending this course.

What we offer

- Occupational Health Services
- Regular Site Inspections
- Site Inspection Reports
- Non-Compliance Reporting
- Accident Reporting
- CDM Compliancy
- Risk Management Tools
- Annual Health Check
- Accident Investigation
- Training Courses
- SSIP Assistance
- Member Helpline
- Toolbox Talks
- Health and Safety Audits
- Annual Office Inspections
- Environmental advice
- UK Coverage
- Online Accident Statistics
- Dedicated Safety Advisers

What you will learn

- Manage Health and Safety on site in accordance with the current legal provisions in the context of your role
- Understand your responsibilities and accountability for site health, safety and welfare
- Implement all health, safety, welfare and environmental legislation which affects you during your daily work
- Implement new guidance and industry best practice
- Develop skills in assessment, planning and implementation of safe systems and methods in the workplace
- Analyse health, safety, and welfare practices and procedures

Delegates will gain knowledge in

- The Health and Safety at Work Act and CDM Regs 2015
- Site set-up, Risk assessments/method statements
- Working at Height & Scaffolding
- Electricity, Excavations
- Demolition, Confined Spaces

Course dates

Classroom based at BSG Bristol based Training Venue

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|----------------------------------|-----------------------------------|--------------------------------|
| • 19, 20, 21, 22, 23 Jan 2026 | • 11, 12, 13, 14, 15 May 2026 | • 7, 8, 9, 10, 11 Sept 2026 |
| • 2, 3, 4, 5, 6 Feb 2026 | • 1, 2, 3, 4, 5, 6 Jun 2026 | • 14, 15, 16, 17, 18 Sept 2026 |
| • 16, 17, 18, 19, 20 Feb 2026 | • 15, 16, 17, 18, 19 Jun 2026 | • 5, 6, 7, 8, 9 Oct 2026 |
| • 2, 3, 4, 5, 6 Mar 2026 | • 6, 7, 8, 9, 10 Jul 2026 | • 12,13,14,15,16 Oct 2026 |
| • 16, 17, 18, 19, 20 Mar 2026 | • 20, 21, 22, 23, 24, 25 Jul 2026 | • 2, 3, 4, 5, 6 Nov 2026 |
| • 13, 14, 15, 16, 17 Apr 2026 | • 10, 11, 12, 13, 14 Aug 2026 | • 9, 10, 11, 12, 13 Nov 2026 |
| • 27, 28, 29, 30, 1 Apr/May 2026 | • 24, 25, 26, 27, 28 Aug 2026 | • 30, 1, 2, 3, 4, Nov/Dec 2026 |
| | | • 14, 15, 16, 17, 18 Dec 2026 |



How to book

Book your place by calling our training services team on 0300 304 9080 or email Training@BSG Ltd.co.uk with your enquiry.

Qualification

On completion candidates will gain qualification/certification in Construction Skills Site Safety Plus certificate.

Course content

- Introduction and administration
- Course Level Test – What Do You Know?
- Safety Pays (business reasons for managing Health & Safety)
- Health & Safety Law (the legal system)
- Health & Safety at Work Act 1974 and HSE Focus
- Health & Safety policy and the Site Manager
- Group exercise 1 (implementing Health & Safety Legislation)
- Management of Health and Safety - COSHH, noise at work, Asbestos regulations 2006, manual handling, vibration
- Monitoring Health and Safety inspections, surveys, tours, audits, accident investigation reporting pad
- Site instructions
- Communicating the Safety message – information, instruction, training, induction and toolbox talks, signs and posters
- Electricity at work – underground and overhead services, fire, joint code of practice, flammable liquids and liquefied petroleum gasses
- Site layout – introduction to final course exercise
- Group exercise four – site layout & mock examination
- Final preparation of group presentations
- Course revision and special topics
- Exercise presentations
- Final examination
- Course results
- Course review

About BSG

The Building Safety Group (BSG) is a not-for-profit organisation which specialises in providing Health, Safety and Environmental consultancy and training for the construction industry. BSG has over 800 members operating across 3500 workplaces throughout the UK.

We conduct over 15,000 site inspections every year and train more than 10,000 construction workers.

What our clients say about us

"Excellent Instruction and very clearly conveyed."

Southside Scaffolding Limited

"BSG are clearly experts in Health and Safety training for the construction industry."

CTS

"As I was pretty new to the role, my knowledge was limited but after taking the BSG course I feel very confident I will be able to positively move on in my position. I have learnt a massive amount."

Prodeck Fixing Ltd

"I learnt a lot about disciplines I previously knew nothing about. Learnt new regs and reinforced my previous knowledge."

Mirage Interiors

Need a course at your organisation?

If you have a group of employees requiring training, we can run courses on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your needs and requirements. Contact us to find out more and get a bespoke quote.

How to book

Book your place by calling our training services team on 0300 304 9080 or email Training@BSG Ltd.co.uk with your enquiry.

Course Rates

Classroom

Rate

BSG Members

£500+VAT

Non- Members

£625+VAT

Course fees include course materials and CITB certification and lunch.



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